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[Feng Shui for Healing](#) - Rodika Tchi 2019-11-12

Accessible ancient wisdom for a happy modern home. Creating a powerful and healing home sanctuary is the essence of feng shui--the Chinese system of designing a space based on how energy flows. Feng Shui for Healing is a modern interpretation of this ancient wisdom, presented with empowering advice and step-by-step guidance for using your own space to nurture wellness and vitality. Improper feng shui can keep you from feeling comfortable in your home and keep you stuck in old thoughts, stubborn habits, and stalled health goals. But with this book, you can learn to free up that energy with simple, time-tested feng shui home edits--like adding imagery that fosters a lighter mood and happier relationships. When the energy in your space moves freely, you'll feel better inside and out. Feng Shui for Healing is your accessible guide to: Practical exercises--Discover simple rituals to sanctify your time and space, with actionable steps you can take right away. Mindful pauses--Simple breathing exercises are included throughout to help you slow down and check in with yourself as you take on this powerful home energy work. The 9 life areas--See how feng shui can enhance and protect family, friends, prosperity, health, reputation, career, creativity, relationships, and knowledge. Make your home more comfortable and restorative with this fun and easy start to feng shui.

[The Neurosciences and Music III](#) - Simone Dalla Bella 2009-09

"This volume will be of particular interest to medical professionals, neuroscientists, neurologists, psychologists, educators, music therapists, musicologists, sound engineers, computer scientists. Manuscripts address how the tools of cognitive neuroscience have provided new insights into where and how rhythm is coded in the brain; production and perception abilities and the relationship between the two; the use of music as a tool for the investigation of human cognition and its underlying brain mechanisms; recent research investigating various aspects of musical memory and learning, and implications for medical rehabilitation for patients with memory disorders; advances in the fields of developmental auditory neuroscience, empirical music aesthetics, and music emotions in normal and disordered development such as autistic spectrum disorders; mutual interactions between music and language in children and adults with cochlear implants; and human communication of information, ideas, and emotional states, and the shared networks of speech and motor processing with musical processing"--NYAS Web site.

[The Seven Spiritual Laws of Superheroes](#) - Deepak Chopra 2011-05-31

"DeepakChopra has developed his own unique form of complementary, mind-body medicine."—U.S. News & World Report Theworld needs heroes, and, as spiritual authority Deepak Chopra demonstrates inthis gripping and deeply perceptive meditation on our potential to excel, everyone of us possesses the power to help save the planet—and the strength to claimour best possible lives. For readers who draw inspiration from comic books andmovies like Ironman, The Uncanny X-Men, and Superman, forthe Peter Parkers who wonder how to unlock their inner Spider-man, Choprailluminates the path to becoming a spiritual superhero, teaching us how towield the great power of the human heart to work real changes in ourselves andin the world around us.

[Feng Shui](#) - Simon Brown 2000

Using the Japanese Compass method as a foundation, introduces the elements of feng shui, and describes ways to incorporate those principles into homes and buildings in order to enhance Chi energy and promote well-being,

[The Art of Discarding](#) - Nagisa Tatsumi 2017-03-14

The book that inspired Marie Kondo's The Life Changing Magic of Tidying Up, Nagisa Tatsumi's international bestseller offers a practical plan to figure out what to keep and what to discard so you can get--and stay--tidy, once and for all. Practical and inspiring, The Art of Discarding (the book that originally inspired a young Marie Kondo to start cleaning up her closets) offers hands-on advice and easy-to-follow guidelines to help readers learn how to finally let go of stuff that is holding them back -- as well as sage advice on acquiring less in the first place. Author Nagisa Tatsumi urges us to reflect on our attitude to possessing things and to have the courage and conviction to get rid of all the stuff we really don't need, offering advice on how to tackle the things that pile up at home and take back control. By learning the art of discarding you will gain space, free yourself from "accumulation syndrome," and find new joy and purpose in your clutter-free life.

[Lit Stitch](#) - Book Riot 2020-05-12

"Savvily combines literary themes and cross-stitch designs in [a] visually appealing collection of projects . . . delightful." —Publishers Weekly Inside Book Riot's Lit Stitch, you'll find a number of badass, bookish cross-stitch patterns to let you show off your love of all things literary. Some are for bookmarks, others are for wall decor, and still others can take on a whole host of finished outcomes. What they have in common is their literary bent—the patterns speak to all manner of literary-minded book lovers, who are happy to display their nerdier sides. And what better way than through your own cross-stitch art to hang on your wall, prop on your desk, or even gift to friends and family? Most if not all are beginner-friendly and can be completed in a few hours—instant stitchification! So grab yourself some excellent embroidery floss, hoops, and needles, and pick out one or more of these great cross-stitch patterns for your next project.

[Efficiently Inefficient](#) - Lasse Heje Pedersen 2019-09-17

Efficiently Inefficient describes the key trading strategies used by hedge funds and demystifies the secret world of active investing. Leading financial economist Lasse Heje Pedersen combines the latest research with real-world examples and interviews with top hedge fund managers to show how certain trading strategies make money--and why they sometimes don't. Pedersen views markets as neither perfectly efficient nor completely inefficient. Rather, they are inefficient enough that money managers can be compensated for their costs through the profits of their trading strategies and efficient enough that the profits after costs do not encourage additional active investing. Understanding how to trade in this efficiently inefficient market provides a new, engaging way to learn finance. Pedersen analyzes how the market price of stocks and bonds can differ from the model price, leading to new perspectives on the relationship between trading results and finance theory. He explores several different areas in depth--fundamental tools for investment management, equity strategies, macro strategies, and arbitrage strategies--and he looks at such diverse topics as portfolio choice, risk management, equity valuation, and yield curve logic. The book's strategies are illuminated further by interviews with leading hedge fund managers: Lee Ainslie, Cliff Asness, Jim Chanos, Ken Griffin, David Harding, John Paulson, Myron Scholes, and George Soros.

[Feng Shui Modern](#) - Cliff Tan 2022-01-20

The ancient practice of feng shui is uncovered in this simple and practical guide, revealing the tools that will lead to a healthier, happier home for every budget. How do you place a bed in an awkward room? How

can your space help you be more focused and more productive? How do you set up your room to make you ready for romantic love? It's simple! In Feng Shui for Modern Living, TikTok influencer Cliff Tan answers these questions and more, explaining the ancient practice of feng shui and how it can be translated to modern homes. Cliff has become an internet sensation with his videos demonstrating the principles of feng shui, and in this practical guide he shows how to apply these principles room-by-room in your own home. He takes you behind the mysticism to reveal the logic behind feng shui. This is the key to unlocking the power of this ancient practice: once you understand the logic, your application of feng shui will work every time. There is no room too challenging, no problem that feng shui can't unravel. That's why people have been using it for thousands of years. In the tradition of Marie Kondo and Mrs Hinch, this guide will revolutionise how you think about your space. It's feng shui made simple, and anyone can learn.

365 Bible Stories - Pegasus 2013-12-17

The 365-series books are a unique product created keeping in mind the number of days we have in a year. Each book has 365 stories that will encourage children to read at least one story each day, inculcating in them the good habit of book reading. The series is aimed to awaken children towards moral values, cultivate religious beliefs and develop their knowledge of animals in the world. Children are sure to get hooked on the escapades summarized in a lucid manner.

DreamHealer - Adam Dreamhealer 2003

"This is the story of Adam's discovery and development of his healing abilities. At the age of 16, he has the unique ability to connect to, and influence another person's health from a distance. Whether they are on the same continent as he is or not, makes no difference. In this book he shares his thoughts, observations and wisdom that is often far beyond his years. His message is one of hope and encouragement, as he explores the uncharted territory of the mind/body connection. It is a straightforward, yet profound account of how Adam's journey ultimately affects us all."-- Back cover.

Meditations and Affirmations - Deepak Chopra 2021-02-04

Free your mind, relax your body and refresh your spiritFor the past thirty years, Deepak Chopra has been at the forefront of the meditation revolution in the West. With his first of a kind deck of 64 affirmation cards you will learn how to cultivate a clear mind and practice mindfulness techniques in a gentle and friendly way. Each card features an affirmation on one side and a meditation on the other, embellished with beautiful illustrations. Drawing on the wisdom he has harnessed across his expansive career, these cards contain empowering and uplifting thoughts that will help you to set life affirming intentions and transform your daily life.

Audiocorso di Feng Shui. CD Audio. Con libro - Marzia Mazzi 2012

The Night that Changed Everything - Anne McAllister 2011-11-01

Nicholas Savas is tall, dark and too gorgeous for anyone's good. To shield her wild-child sister from Nick's intoxicating gaze, sensible Edie steps into his eyeline instead! Nick's fascinated by the defiant, beautiful Edie—she's a challenge, and he'll thoroughly enjoy sweeping her down-to-earth feet out of the ballroom and into his bed! But one night with Edie Tremayne is unforgettable, hot as hell—and not nearly enough...

The Cosmic Hologram - Jude Currivan 2017-02-16

How holographic patterns of information underlie our physical reality • 2017 Nautilus Silver Award • Includes myriad evidence from a wide range of cutting-edge scientific discoveries showing our Universe is an interconnected hologram of information • Explains how consciousness is a major component of the cosmic hologram of information, making us both manifestations and co-creators of our reality • Reconciles Quantum Mechanics and Einstein's Theory of Relativity by showing that energy-matter and space-time are complementary expressions of information Our understanding of the Universe is about to transform at all levels, from the tiniest Planck scale to the vast reaches of space. Recent scientific discoveries show that the information that upholds all of our modern technologies is exactly the same as the universal in-formation that underpins, pervades, and is all we call physical reality. Exploring how information is more fundamental than energy, matter, space, or time, Jude Currivan, Ph.D., examines the latest research across many fields of study and many scales of existence to show how our Universe is in-formed and holographically manifested. She explains how the fractal in-formational patterns that guide behavior at the atomic level also

guide the structure of galactic clusters in space. She demonstrates how the in-formational relationships that underlie earthquakes are the same as those that play out during human conflicts. She shows how cities grow in the same in-formational ways that galaxies evolve and how the dynamic in-formational forms that pervade ecosystems are identical to the informational structures of the Internet and our social behaviors. Demonstrating how information is physically real, the author explores how consciousness connects us to the many interconnected layers of universal in-formation, making us both manifestations and co-creators of the cosmic hologram of reality. She explains how Quantum Mechanics and Einstein's Theory of Relativity can at last be reconciled if we consider energy-matter and space-time as complementary expressions of information, and she explores how the cosmic hologram underlies the true origin of species and our own evolution. Concurring too with ancient spiritual wisdom, the author offers solid evidence that consciousness is not something we "have" but the fundamental nature of what we and the entire Universe are. With this understanding, we can each transform our own lives and help co-create and in-form the world around us.

Richmond Noir - Andrew Blossom 2010

These days, Richmond is a city of winter balls and garden parties on soft summer evenings, a city of private clubs where white-haired old gentlemen, with their martinis or mint juleps in hand, still genuflect in front of portraits of Robert E. Lee. But it's also a city of brutal crime scenes and drug corners. It's a city of world-class ad agencies and law firms, a city of the FFV (First Families of Virginia) and a city of immigrants - from India, Vietnam and Africa to Massachusetts, New York and New Jersey.

Secrets of Space Clearing - Denise Linn 2021-01-26

Learn mystical methods for clearing and uplifting the energy in your home, including feng shui, clearing clutter (physical, emotional, or spiritual), essential oils, and crystals. Space clearing is the art of cleansing and harmonizing the energy within an environment. This ancient practice has the power to not only make your home feel good but also help those within to feel more positive and energetic, to bring balance to relationships, and to remove blocks for increased abundance, creativity, and well-being. In this comprehensive guide to space clearing, internationally best-selling author Denise Linn distills more than 50 years of experience as a leading authority in energy healing to guide you through sacred ceremonies and modern techniques for regaining control of the energy in any environment, including your home and your body. You'll learn how to transform any space using feng shui, clutter clearing, prayer, crystals, essential oils, mystic mudras, holy water, pendulums, and more!

FENG SHUI - Pierfrancesco Ros 2020-06-09

Feng Shui, the art of Wind and Water, emerged 3,000 years ago in China and gradually evolved over time as new theories and new models were introduced. While its development was driven by the primary needs of survival and defence, it would later be enhanced with concepts relating to culture, philosophy, the climate and the territory. Thanks to the work of Pierfrancesco Ros' Accademia Italiana di Architettura Feng Shui, Feng Shui has been further expanded with ancient and modern knowledge relating to environmental well-being. Feng Shui Architecture offers the reader project guidelines for use in town planning, architecture, interior design and ecodesign. The first volume examines the key issues of the earth way and the sky way. The second and final volume, produced with the contribution of the Accademia di Psico Architettura, looks at the man way, establishing a global approach to various types of environmental analysis and design for a complete understanding of Holistic Architecture.

On My Way to a Happy Life - Deepak Chopra, MD 2010-11-01

Now available in a new format and a fresh package: a children's book about how the world works from a spiritual perspective, by two New York Times best-selling authors. Newly repackaged with a fresh cover, this children's book by New York Times best-selling authors Deepak Chopra and Kristina Tracy offers a simple guide to a happy, successful future. When kids understand how the world works from a spiritual point of view, it makes it easier for them to navigate life with joy and love. Vibrant illustrations by Rosemary Woods and simple rhymes help readers of all ages engage with the seven lessons on happiness, love, karma, dharma, acceptance, and more.

Archie 3000 - Archie Superstars 2019-03-19

ARCHIE 3000 is the complete collection featuring the classic series. This is presented in the new higher-end format of Archie Comics Presents, which offers 200+ pages at a value while taking a design cue from

successful all-ages graphic novels. Travel to the 31st Century with Archie and his friends! In the year 3000, Riverdale is home to hoverboards, intergalactic travel, alien life and everyone's favorite space case, Archie! Follow the gang as they encounter detention robots, teleporters, wacky fashion trends and much more. Will the teens of the future get in as much trouble as the ones from our time?

Animal Migration - D. J. Aidley 1981-10-30

Science Focus 3 - Greg Rickard 2009

The Science Focus Second Edition is the complete science package for the teaching of the New South Wales Stage 4 and 5 Science Syllabus. The Science Focus Second Edition package retains the identified strengths of the highly successful First Edition and includes a number of new and exciting features, improvements and components.

Feng Shui. The Earth Way and the Sky Way - Stefano Parancola 2020

Lillian Too's 168 Feng Shui Ways to Declutter Your Home - Lillian Too 2003

Lillian Too is the world's leading authority on feng shui and the author of several bestsellers. Her latest offering is a colorful guide to revitalizing the home. It presents 168 surefire strategies for eliminating excess baggage, renewing energy, and generating new pathways within a house and mind.

I-Spy Aircraft - 1999

The Story of Son - J. R. Ward 2015-04-14

First released in the anthology *Dead After Dark*, dive into this hot novella from #1 New York Times bestselling author J.R. Ward. Available for the first time ever as a standalone ebook, get lost in the sinful pleasures of a vampire so obsessed with one woman, he will relinquish her blood, if only he can have her heart... Held captive by a dark, seductive vampire with an unworldly hunger, the beautiful Claire Stroughton fears her life as a lawyer has irrevocably taken a turn for the worse. But when this deeply sensual-and highly dangerous-vampire convinces Claire that his desire for her is stronger than his lust for blood, she is compelled to give everything up to him, body and soul...in *The Story of Son*.

Handbook - United States. Office of Civil and Defense Mobilization 19??

Rusch to Glory - Rebecca Rusch 2014-10-01

Rebecca Rusch is one of the great endurance athletes of our time. Known today as the Queen of Pain for her perseverance as a relentlessly fast runner, paddler, and mountain bike racer, Rusch was a normal kid from Chicago who abandoned a predictable life for one of adventure. In her new book *Rusch to Glory: Adventure, Risk & Triumph on the Path Less Traveled*, Rusch weaves her fascinating life's story among the exotic locales and extreme conditions that forged an extraordinary athlete from ordinary roots. Rusch has run the gauntlet of endurance sports over her career as a professional athlete-- climbing, adventure racing, whitewater rafting, cross-country skiing, and mountain biking--racking up world championships along the way. But while she might seem like just another superhuman playing out a fistful of aces, her empowering story proves that anyone can rise above self-doubt and find their true potential. First turning heads with her rock climbing and paddling skills, Rusch soon found herself spearheading adventure racing teams like Mark Burnett's *Eco-Challenge* series. As she fought her way through the jungles of Borneo, raced camels across Morocco, threaded the rugged Tian Shan mountains, and river-boarded the Grand Canyon in the dead of winter, she was forced to stare down her own demons. Through it all, Rusch continually redefined her limits, pushing deep into the pain cave and emerging ready for the next great challenge. At age 38, Rusch faced a tough decision: retire or reinvent herself yet again. Determined to go for broke, she shifted her focus to endurance mountain bike racing and rode straight into the record books at a moment when most athletes walk away. *Rusch to Glory* is more than an epic story of adventure; it is a testament to the rewards of hard work, determination, and resilience on the long road to personal and professional triumph.

Clear Your Clutter with Feng Shui (Revised and Updated) - Karen Kingston 2016-01-05

In this revised and updated edition of her classic, bestselling book, Karen Kingston draws on her wealth of experience as a clutter clearing, space-clearing, and feng shui practitioner to show you how to transform

your life by letting go of clutter. Her unique approach lies in understanding that clutter is stuck energy that has far-reaching physical, mental, emotional, and spiritual effects. You'll be motivated to clutter clear as never before when you realize just how much your junk has been holding you back! You will learn: - Why people keep clutter - How clutter causes stagnation in your life - How to clear clutter quickly and effectively - How to live clutter-free

Beans 20 Ways - America's Test Kitchen 2020-04-28

Humble beans are the true MVPs of the kitchen. They have a long shelf life, are packed with protein, and best of all, they taste great in a wide variety of applications. This collection of 20 foolproof recipes gives beans their due, putting them center stage in recipes such as Ultracreamy Hummus (you've never had homemade hummus this velvety-smooth) and White Bean and Tuna Salad (two pantry-friendly ingredients come together for a dish that's greater than the sum of its parts). We share the secrets to making light and crispy Falafel as well as irresistible soups and sides. Whether you're looking for breakfast inspiration (our recipe for Scrambled Eggs with Pinto Beans and Cotija Cheese delivers tender eggs with a mildly spicy kick), internationally inspired mains such as Palak Dal (Spinach Dal with Cumin and Mustard Seeds) and Tuscan Shrimp and Beans, or hearty vegetarian dishes such as Black Bean Burgers and Meatless "Meat" Sauce with Chickpeas and Mushrooms, this collection gives you 20 great reasons to put beans on the menu.

Cryptography: The Key to Digital Security, How It Works, and Why It Matters - Keith Martin 2020-05-19

A "must-read" (Vincent Rijmen) nuts-and-bolts explanation of cryptography from a leading expert in information security. Despite its reputation as a language only of spies and hackers, cryptography plays a critical role in our everyday lives. Though often invisible, it underpins the security of our mobile phone calls, credit card payments, web searches, internet messaging, and cryptocurrencies—in short, everything we do online. Increasingly, it also runs in the background of our smart refrigerators, thermostats, electronic car keys, and even the cars themselves. As our daily devices get smarter, cyberspace—home to all the networks that connect them—grows. Broadly defined as a set of tools for establishing security in this expanding cyberspace, cryptography enables us to protect and share our information. Understanding the basics of cryptography is the key to recognizing the significance of the security technologies we encounter every day, which will then help us respond to them. What are the implications of connecting to an unprotected Wi-Fi network? Is it really so important to have different passwords for different accounts? Is it safe to submit sensitive personal information to a given app, or to convert money to bitcoin? In clear, concise writing, information security expert Keith Martin answers all these questions and more, revealing the many crucial ways we all depend on cryptographic technology. He demystifies its controversial applications and the nuances behind alarming headlines about data breaches at banks, credit bureaus, and online retailers. We learn, for example, how encryption can hamper criminal investigations and obstruct national security efforts, and how increasingly frequent ransomware attacks put personal information at risk. Yet we also learn why responding to these threats by restricting the use of cryptography can itself be problematic. Essential reading for anyone with a password, *Cryptography* offers a profound perspective on personal security, online and off.

Tiberius Found - Andrew Goodman 2014-01-17

What would you do if you discovered your whole life to be a lie? Daniel Henstock thinks he's an ordinary schoolboy but on his sixteenth birthday his world is turned upside down. He is the world's first one-hundred percent genetically-engineered human - assigned the codename Tiberius - and Gregory Dryden, the man responsible, wants him back so that he can continue his deadly experiments. Running for his life, Daniel flees to New York and is forced to go 'off-grid'. In this near-future America, where the security-obsessed authorities require citizens to carry DNA cards, Daniel meets the feisty and beautiful Eleanor. But by falling for her, Daniel also puts her in terrible danger. Daniel pursues the facts about his origins but is hunted by an agent sent by Dryden to bring him to heel. Can Daniel find out the truth whilst trying to evade those who think they own him? As his enemies close in Daniel must draw on resources he never knew he had to win his freedom - but in doing so he may be walking into a deadly trap ... TIBERIUS FOUND is the first instalment in a thrilling series - *The Emperor Initiative* - that introduces an engaging new hero that will appeal to fans of Alex Rider and Jason Bourne.

Acupuncture - Jean-Marc Kespi 2013-02-01

Through his decades-long experience as a practitioner, Dr. Jean-Marc Kespi has returned to the ancient roots of acupuncture and developed an approach to choosing the best points for a given situation. Traditional symbolism, as reflected in the names of points and descriptions of physiological processes, can offer clues to correlating the rules of medicine and the manifestations of health or illness in the human body. Dr. Kespi's approach utilizes this theoretical base, and proceeds from symbol to a specific diagnosis and therapeutic action, and onto the insertion of a needle in a precise point on the body. In this manner he shows the practitioner how to see beyond the symptoms and address the whole person, thereby providing more effective treatments. With keen insight into the meanings of individual points, Dr. Kespi typically uses only one to three needles to treat the disequilibrium found at the root level. In addition to laying out his ideas on the foundations of acupuncture, Dr. Kespi shares his wide experience in this book through over 100 case studies, which give the reader the opportunity to see the clinical efficacy of this method.

Reference Data - Chartered Institution of Building Services Engineers 2001

Guide C: Reference Data contains the basic physical data and calculations which form the crucial part of building services engineer background reference material. Expanded and updated throughout, the book contains sections on the properties of humid air, water and steam, on heat transfer, the flow of fluids in pipes and ducts, and fuels and combustion, ending with a comprehensive section on units, mathematical and miscellaneous data. There are extensive and easy-to-follow tables and graphs. ·Essential reference tool for all professional building services engineers ·Easy to follow tables and graphs make the data accessible for all professionals ·Provides you with all the necessary data to make informed decisions

Feng Shui That Makes Sense - Cathleen McCandless 2011

You don't need to be a professional designer or a feng shui expert in order to have a beautiful, comfortable home. *Feng Shui That Makes Sense* takes you step-by-step through the process of using feng shui principles to create a home that will please your eye, relax your body, inspire your mind, and lift your spirit. After reading this book, you will be able to:

- Easily create a home of beauty, harmony, and comfort
- Learn basic feng shui principles that work every time in every space
- Improve the look and feel of any room in your home
- Discover the origins of popular feng shui myths and misunderstandings
- Enhance the areas of your home relating to Love, Money, Health, Family, and more
- Apply feng shui principles to your landscape and garden
- Integrate nature and natural materials into your living space
- Clear your home of unwanted energy
- Create a home that nurtures and inspires you physically, mentally, and spiritually
- Understand how and why your environment affects you the way it does

Introduction to Radar Using Python and MATLAB - Lee Andrew (Andy) Harrison 2019-10-31

This comprehensive resource provides readers with the tools necessary to perform analysis of various waveforms for use in radar systems. It provides information about how to produce synthetic aperture (SAR) images by giving a tomographic formulation and implementation for SAR imaging. Tracking filter fundamentals, and each parameter associated with the filter and how each affects tracking performance are also presented. Various radar cross section measurement techniques are covered, along with waveform selection analysis through the study of the ambiguity function for each particular waveform from simple linear frequency modulation (LFM) waveforms to more complicated coded waveforms. The text includes the Python tool suite, which allows the reader to analyze and predict radar performance for various scenarios and applications. Also provided are MATLAB® scripts corresponding to the Python tools. The software includes a user-friendly graphical user interface (GUI) that provides visualizations of the concepts being covered. Users have full access to both the Python and MATLAB source code to modify for their application. With examples using the tool suite are given at the end of each chapter, this text gives readers a clear understanding of how important target scattering is in areas of target detection, target tracking, pulse integration, and target discrimination.

Wabi-Sabi: Further Thoughts - Leonard Koren 2015-03-16

A follow-up book to the classic *Wabi-Sabi: for Artists, Designers, Poets & Philosophers*.

Leading in the Digital World - Amit S. Mukherjee 2020-02-25

The definitive book on leadership in the digital era: why digital technologies call for leadership that emphasizes creativity, collaboration, and inclusivity. Certain ideas about business leadership are held to be

timeless, and certain characteristics of leaders—often including a square jaw, a deep voice, and extroversion—are said to be universal. In *Leading in the Digital World*, Amit Mukherjee argues that since digital technologies are changing everything else, how could they not change leadership ideologies and styles? As more people worldwide participate equally in business, those assumptions of a leader's ideal profile have become irrelevant. Offering a radical rethinking of leadership, Mukherjee shows why digital technologies call for a new kind of leader—one who emphasizes creativity, collaboration, and inclusivity. Drawing on a global survey of 700 mid-tier to senior executives and interviews with C-level executives from around the world, Mukherjee explains how digital technologies are already reshaping organizations and work and what this means for leaders. For example, globally dispersed businesses can't reserve key leadership roles for people from exclusive groups; leadership must become inclusive, or fail. Leaders must learn to collaborate in a multipolar world of networked organizations, working with co-located and non-co-located colleagues. Leaders must lead for creativity rather than productivity. Focusing on practice, Mukherjee outlines goals and strategies, warns against unthinking assumptions, and explains how leaders can identify the mindsets, behaviors, and actions they need to pursue. With *Leading in the Digital World*, Mukherjee offers the definitive book on leadership for the digital era.

The Ultimate Happiness Prescription - Deepak Chopra, M.D. 2009-11-17

Happiness is something everyone desires. Yet how to find happiness—or even if we deserve to—remains a mystery. Still more mysterious is the secret to a lasting happiness that cannot be taken away. In *The Ultimate Happiness Prescription*, bestselling author Deepak Chopra shows us seven keys to uncover the true secrets of joy in the most difficult times. The goal of life is the expansion of happiness, he contends. But in today's demanding world, that goal seems elusive, if not impossibly out of reach. Society reinforces the belief that fulfillment comes from achieving success, wealth, and good relationships. Yet Chopra tells us that the opposite is true: all success in life is the by-product of happiness, not the cause. So what is the cause? *The Ultimate Happiness Prescription* shares spiritual principles for a life based on a sense of your “true self” lying beyond the ebb and flow of daily living. Simple daily exercises lead to eliminating the root causes of unhappiness and letting a deeper level of bliss unfold. After all avenues to happiness have been explored and exhausted, only one path is left: the journey to enlightenment. In *The Ultimate Happiness Prescription*, the daunting and exotic challenge of finding enlightenment becomes accessible step by step. We are taken on an inspiring journey to the true self, the only place untouched by trouble and misfortune. On the way we learn the secrets for living mindfully and with effortless spontaneity. Now happiness is no longer hostage to external events but an experience we carry with us always. As Chopra inspiringly concludes, “Everything we fear in the world and want to change can be transformed through happiness, the simplest desire we have, and also the most profound.”

Jesus - Deepak Chopra 2009-10-06

“Deepak Chopra's story is an inspiring gift for those who truly care and have the courage to seek.”
—Michael Baigent, author of *The Jesus Papers*
The founder of The Chopra Center and the preeminent teacher of Eastern philosophy to the Western World, Deepak Chopra gives us the story of the man who became Messiah in his phenomenal New York Times bestseller *Jesus*. The author who illuminated the life of Buddha now offers readers an unparalleled portrait of Jesus Christ, from carpenter's son to revolutionary leader, that is fresh and inspiring—a remarkable retelling of the greatest story ever told.

The Fierce 44 - The Staff of the Undeclared 2019-12-24

A dynamic and hip collective biography that presents forty-four of America's greatest movers and shakers, from Frederick Douglass to Aretha Franklin to Barack Obama, written by ESPN's *TheUndeclared.com* and illustrated with dazzling portraits by Rob Ball. Meet forty-four of America's most impressive heroes in this collective biography of African American figures authored by the team at ESPN's *TheUndeclared.com*. From visionaries to entrepreneurs, athletes to activists, the *Fierce 44* are beacons of brilliance, perseverance, and excellence. Each short biography is accompanied by a compelling portrait by Robert Ball, whose bright, graphic art pops off the page. Bringing household names like Serena Williams and Harriet Tubman together with lesser-known but highly deserving figures such as Robert Abbott and Dr. Charles Drew, this collection is a celebration of all that African Americans have achieved, despite everything they have had to overcome.

