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Deeper Dating - Ken Page 2014-12-30
Lose weight. Act confident. Play hard to get. This approach to dating doesn't lead to love, it leads to insecurity and loneliness. In *Deeper Dating*, psychotherapist Ken Page offers a new path to finding meaningful and lasting relationships. Learn how to attract people who love you for who you really are, become more self-assured and emotionally available, and lose your taste for relationships that diminish your self-esteem. With exercises, practical tools, and inspiring stories, *Deeper Dating* will guide you on a journey to find the love—and personal fulfillment—you long for.

Synchronicity - C. G. Jung 2013-04-15
To Jung, synchronicity is a meaningful coincidence in time, a psychic factor which is independent of space and time. This revolutionary concept of synchronicity both challenges and complements the physicist's classical view of causality. It also forces us to a basic reconsideration of the meaning of chance, probability, coincidence and the singular events in our lives.

The Book of Life - J Krishnamurti 2001
Inspired By Krishnamurti's Belief That Truth Is Found Through Living, *The Book of Life* Presents 365 Timeless Daily Meditations, Developed Thematically Over Seven Days, Illuminating The Concepts Of Freedom, Personal Transformation, Living Fully Awake And Much More. For Everyone Who Has Come To Cherish The Wisdom Of This Extraordinary Spiritual Sage As Well As Anyone Discovering

Krishnamurti For The First Time The Book Of Life Is A Profound Collection Of Insights To Treasure Everyday. The Story Of Mankind Is In You, The Vast Experience, The Deep-Rooted Fears, Anxieties, Sorrow, Pleasure And All The Beliefs That Man Has Accommodated Throughout The Millennia. You Are That Book. J. Krishnamurti

The Learning Love Handbook - Krishnananda Trobe, M.d. 2013-06
This book is the first of a series of four handbooks. Each one is a guide to living life with love, trust, and creativity and each one teaches understanding and specific tools to help with the different challenges that we meet in our life. Each book is accompanied by a CD that contains guided meditations to help you experience the work directly and to help you apply the tools to your life. In the book, we provide an understanding and a method for opening to deeper spaces inside and for dealing with challenging situations in your life. We start in Part 1 of this first book in the series with teaching how we can recover our natural sense of vulnerability and trust in life and continue in Part 2 with learning to understand and grow from experiences of rejection and abandonment.

Born for Love - Leo F. Buscaglia 1994-04-26
The man who first brought love to the classroom offers a postgraduate course for people in every kind of relationship and for those who yearn for love. In powerful short takes, Leo Buscaglia turns the light of his wisdom on every facet of the priceless jewel of love and discusses: Love

that is more than a comfort zone; Creating an "Us" without destroying the "Me;" The value of differences, and so much more. These challenging lessons in loving will enrich your life for as long as you live.

Self-direction in Adult Learning - Ralph G. Brockett 2018-11-13

Originally published in 1991, this book provides the reader with a comprehensive synthesis of developments, issues and practices related to a self-direction in learning. It presents strategies for facilitating self-directed learning as an instructional method and for enhancing learner self-direction as an aspect of adult personality. The idea of self-directed learning is not a new one but has received renewed attention in education circles and has particular significance for the adult education sector.

Vulnerability as generativity - Cristiana Ottaviano 2018-04-10T00:00:00+02:00

This book focuses on parenthood and generativity, considered not only a set of biological functions, but as human and socio-cultural capabilities above and beyond gender differences. The authors reconsider in particular the institution of motherhood, emphasizing the historical and social function of women. Alongside a reflection on the gender role of women as mothers and wives, this volume explores male identities and fatherhood. While claiming that parenthood and care are human characteristics - and not just gendered or female attributes - the authors suggest the adoption of a gynic perspective on inter-gender relationships.

The inquiring mind - Cyril O. Houle 1988

The Handbook of Virtue Ethics - Stan van Hooft 2014-09-11

Virtue ethics has emerged as a distinct field within moral theory - whether as an alternative account of right action or as a conception of normativity which departs entirely from the obligatoriness of morality - and has proved itself invaluable to many aspects of contemporary applied ethics. Virtue ethics now flourishes in philosophy, sociology and theology and its applications extend to law, politics and bioethics. "The Handbook of Virtue Ethics" brings together leading international scholars to provide an overview of the field. Each chapter summarizes

and assesses the most important work on a particular topic and sets this work in the context of historical developments. Taking a global approach by embracing a variety of major cultural traditions along with the Western, the "Handbook" maps the emergence of virtue ethics and provides a framework for future developments.

Heaven And Hell - Aldous Huxley 2014-01-01
Inspired by the poetry of William Blake, Heaven and Hell delves into the murky topic of human consciousness through a discussion of religious mystical perception, biochemistry and psychoactive drug experimentation. Heaven and Hell explains how science, art, religion, literature, and psychoactive drugs can expand the reader's everyday view of reality, offering a more profound grasp of the human experience. Like his earlier essay, The Doors of Perception, Aldous Huxley's Heaven and Hell exerted a tremendous influence on the counter-culture movement of the 1960s, inspiring the imaginations of an entire generation of artists and revolutionaries like Jim Morrison and Jackson Pollack. HarperTorch brings great works of non-fiction and the dramatic arts to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperTorch collection to build your digital library.

The Italian Seminars - Wilfred R. Bion 2018-05-08

The Italian Seminars, previously unpublished in English, comprises lectures W.R. Bion gave in Rome, in 1977. The volume consists of questions from the floor and Bion's fascinating and, at times, controversial answers. The lectures are divided in two: the first part was organized by the Italian Psychoanalytical Society and the second by the Via Pollaiolo Research Group. Bion's replies examine such diverse subjects as difficulties in the interaction between the therapist and the patient; music and psychoanalysis; non-verbal communication in the consulting room; and methodology in psychoanalysis.

Tantra - Radha C. Luglio 2005-12

This refreshingly fresh and spontaneous book unravels the secrets of the sacred art of Tantra. It helps to contact our inner being in a direct

way, removing what is preventing the flow of life-energy that naturally brings us bliss, creativity, joy and meditation.

Stepping Out of Fear - Krishnananda Trobe, M.d. 2013-05

Often, we are strongly identified with our wounded self-image that we are deficient and inadequate. This negative sense of self fills us with fear and anxiety and causes us to repeat painful patterns in our intimate relationships, sabotaging our creativity, entering into unhealthy addictions and/or become depressed and ill. In this book, Krishnananda with his partner, Amana, present a simple method for learning how to step out of our identification with this wounded self-image and in so doing, break out of our negative patterns and our suffering. The book is simple and personal with the authors sharing how they have worked with this method in their own life and with people in their seminars. Each chapter also ends with helpful exercises so that the reader can apply the work practically to his or her own life.

Door-ways to Light - Krishnananda 1998

About the author's guru Amara, 1919-1982, spiritual master from India.

The Ethics of Vulnerability - Erinn Gilson 2013-12-17

As concerns about violence, war, terrorism, sexuality, and embodiment have garnered attention in philosophy, the concept of vulnerability has become a shared reference point in these discussions. As a fundamental part of the human condition, vulnerability has significant ethical import: how one responds to vulnerability matters, whom one conceives as vulnerable and which criteria are used to make such demarcations matters, how one deals with one's own vulnerability matters, and how one understands the meaning of vulnerability matters. Yet, the meaning of vulnerability is commonly taken for granted and it is assumed that vulnerability is almost exclusively negative, equated with weakness, dependency, powerlessness, deficiency, and passivity. This reductively negative view leads to problematic implications, imperiling ethical responsiveness to vulnerability, and so prevents the concept from possessing the normative value many theorists wish it to have. When vulnerability is regarded as weakness and, concomitantly,

invulnerability is prized, attentiveness to one's own vulnerability and ethical response to vulnerable others remain out of reach goals. Thus, this book critiques the ideal of invulnerability, analyzes the problems that arise from a negative view of vulnerability, and articulates in its stead a non-dualistic concept of vulnerability that can remedy these problems.

Conversations with the Womb - Giuditta Tornetta 2014-07-28

"Warning: this book is NOT a new-age self-help softy. Perhaps it's the subject that initially enchanted me. I personally wish I had thought of having a Conversation with MY Womb! Giuditta Tornetta did think of it, and she rendered her trailblazing idea into a book that is at once practical, and a wildly esoteric page-turner. " - Midwife Robin Lim, 2011 CNN Hero, International Alexander Langer Award Recipient. "Conversations with the Womb is a guide back to yourself. It is time for this material to inspire and influence today's woman." - Kelly Brogan MD, Holistic Women's Health.

"Conversations with the Womb is a treasure. A perfect way to connect with the profound wisdom we all carry inside." -Christiane Northrup, M.D., ob/gyn physician and author of the New York Times bestsellers: Women's Bodies, Women's Wisdom and The Wisdom of Menopause. Often referred to as the well-spring of creation, the womb is the epicenter of a woman's relationship to the divine. Conversations With the Womb is a provocative rediscovery of ancient feminine power. Using the Nine Chakras of Creation as a road map to transforming one's personal history, women are encouraged to begin a profound and ongoing conversation with their most primal organ. Unburdened by their histories the immense creative force within the womb can be harnessed to manifest our heart's desire.

Dictionary of Biblical Theology - Xavier Léon-Dufour 2004-01-01

Message In A Bottle - Nicholas Sparks 2011-04-07

In a moment of desolation on a windswept beach, Garrett bottles his words of undying love for a lost woman, and throws them to the sea. My dearest Catherine, I miss you my darling, as I always do, but today is particularly hard

because the ocean has been singing to me, and the song is that of our life together . . . But the bottle is picked up by Theresa, a mother with a shattered past, who feels unaccountably drawn to this lonely man. Who are this couple? What is their story? Beginning a search that will take her to a sunlit coastal town and an unexpected confrontation, it is a tale that resonates with everlasting love and the enduring promise of redemption.

The Art of Loving - Erich Fromm 2013-02-26

The landmark bestseller that changed the way we think about love: "Every line is packed with common sense, compassion, and realism" (Fortune). The Art of Loving is a rich and detailed guide to love—an achievement reached through maturity, practice, concentration, and courage. In the decades since the book's release, its words and lessons continue to resonate. Erich Fromm, a celebrated psychoanalyst and social psychologist, clearly and sincerely encourages the development of our capacity for and understanding of love in all of its facets. He discusses the familiar yet misunderstood romantic love, the all-encompassing brotherly love, spiritual love, and many more. A challenge to traditional Western notions of love, The Art of Loving is a modern classic about taking care of ourselves through relationships with others by the New York Times–bestselling author of To Have or To Be? and Escape from Freedom. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

When Sex Becomes Intimate - Krishnananda Trobe 2008-06-01

The Trobes provide a road map for bringing sex and vulnerability together to deepen and enrich intimacy based on examples from their own lives and the lives of those they have counseled.

Aprirsi alla vulnerabilità. Apprendere l'arte dell'amore e dell'intimità. Con CD Audio - Krishnananda 2012

Civitas Solis - Tommaso Campanella 1998

SEPAMARSI. Linee guida per una separazione amorevole - Carla Sale Musio 2018-01-10

Pensi di separarti ma... ti manca il coraggio per affrontare chiarimenti, conflitti e spiegazioni? Vorresti evitare ostilità, recriminazioni,

rimpianti, rimorsi e nostalgia? Hai paura di ferire il tuo partner? Non trovi le parole giuste per dirlo ai bambini? Hai bisogno di organizzarti e non sai da che parte cominciare? Questo libro, semplice e veloce, svela i segreti di una separazione amorevole accompagnandoti sulla via del volersi bene nel momento in cui è necessario imboccare percorsi differenti. Ricco di esempi pratici e di testimonianze tratte dall'esperienza trentennale dell'autrice, il testo risponde alle domande che tormentano chi decide di chiudere la relazione di coppia, proponendo una visione rivoluzionaria dell'amore e dell'evoluzione affettiva.

From Novice to Expert - Patricia Benner 2001

This coherent presentation of clinical judgement, caring practices and collaborative practice provides ideas and images that readers can draw upon in their interactions with others and in their interpretation of what nurses do. It includes many clear, colorful examples and describes the five stages of skill acquisition, the nature of clinical judgement and experiential learning and the seven major domains of nursing practice. The narrative method captures content and contextual issues that are often missed by formal models of nursing knowledge. The book uncovers the knowledge embedded in clinical nursing practice and provides the Dreyfus model of skill acquisition applied to nursing, an interpretive approach to identifying and describing clinical knowledge, nursing functions, effective management, research and clinical practice, career development and education, plus practical applications. For nurses and healthcare professionals.

Personality: Determinants, Dynamics, and Potentials - Gian Vittorio Caprara 2000-08-15

This book, first published in 2000, is a comprehensive survey of research and theory in personality psychology.

Collect the Wworld. the Artist As Archivist in the Internet Age - Domenico Quaranta 2011-10

The last decade has seen an incredible growth in the production and distribution of images and other cultural artefacts. The internet is the place where all these cultural products are stored, classified, voted, collected and trashed. What is the impact of this process on art making and on the artist? Which kind of dialogue is going on between amateur practices and codified

languages? How does art respond to the society of information? This is a book about endless archives, image collections, bees plundering from flower to flower and hunters crawling through the online wilderness. Alterazioni Video, Kari Altmann, Cory Arcangel, Gazira Babeli, Kevin Bewersdorf, Luca Bolognesi, Natalie Bookchin, Petra Cortright, Aleksandra Domanovic, Harm van den Dorpel, Constant Dullaart, Hans-Peter Feldmann, Elisa Giardina Papa, Travis Hallenbeck, Jodi, Oliver Laric, Olia Lialina & Dragan Espenshied, Guthrie Lonergan, Eva and Franco Mattes, Seth Price, Jon Rafman, Claudia Rossini, Evan Roth, Travess Smalley, Ryan Trecartin.

English Medium Instruction - Ernesto Macaro, 2018-02-19

Ernesto Macaro brings together a wealth of research on the rapidly expanding phenomenon of English Medium Instruction. Against a backdrop of theory, policy documents, and examples of practice, he weaves together research in both secondary and tertiary education, with a particular focus on the key stakeholders involved in EMI: the teachers and the students. Whilst acknowledging that the momentum of EMI is unlikely to be diminished, and identifying its potential benefits, the author raises questions about the ways it has been introduced and developed, and explores how we can arrive at a true cost-benefit analysis of its future impact. "This state-of-the-art monograph presents a wide-ranging, multi-perspectival yet coherent overview of research, policy, and practice of English Medium Instruction around the globe. It gives a thorough, in-depth, and thought-provoking treatment of an educational phenomenon that is spreading on an unprecedented scale." Guangwei Hu, National Institute of Education, Singapore Additional online resources are available at www.oup.com/elt/teacher/emi Ernesto Macaro is Professor of Applied Linguistics at the University of Oxford and is the founding Director of the Centre for Research and Development on English Medium Instruction at the university. Oxford Applied Linguistics Series Advisers: Anne Burns and Diane Larsen-Freeman
Wild Wild Guru - Subhuti Anand Waight
2019-09-19
This is the story of a Englishman who gave up a

job in journalism to spend fourteen years with the controversial Indian mystic Osho, also known as Bhagwan Shree Rajneesh and frequently referred to as 'the sex guru'. His guru was always controversial with his teachings on sex and spirituality, rumours of orgies and because he owned ninety-three Rolls Royces. Early in 1976, Subhuti travelled to India to meet Rajneesh in his ashram in Pune, became initiated as his disciple and immediately began to have mystical experiences, which he attributed to the powerful energy field surrounding the guru. He stayed for six months, participating in the ashram's notorious Encounter Group and other therapies designed to release suppressed emotions and awaken sexual energy Subhuti would stay to live and work on his master's ashrams for fourteen years, first as his press officer in Pune, India, then as editor of the community's weekly newspaper when Bhagwan and his followers shifted to Oregon, USA, and built a whole new town on the massive Big Muddy Ranch. There Subhuti was a first-hand witness to the scandals and hullabaloo that accompanied the guru, including tales of broken bones in no-holds-barred therapy groups and Tantra groups that encouraged total sexual freedom, and the increasing hostility with the locals which would lead to Bhagwan's attempt to flee America, his arrest and imprisonment. . He was on the Oregon Ranch when Rajneesh's secretary, Ma Anand Sheela, plotted against rival cliques within the ashram as well as a range of murderous crimes against state and federal officials which feature in hit Netflix series *Wild Wild Country*. Yet, amidst it all, Subhuti could see the profound revolution in spirituality that Bhagwan was creating, leaving a lasting impact on our ideas about society, religion, meditation and personal transformation. According to the author's understanding, it was the controversy itself, plus Bhagwan's refusal to tread the path of a spiritual saint, that became the stepping stone to a new vision of what it means to be a spiritual seeker. *MANUAL OF THE WARRIOR OF LIGHT*. - PAULO. COELHO 2022

An Italian Lady Goes to the Bronx - Marianella Sclavi 2008

An extraordinary ethnographic study that sets its

sights on the de-bronxification of daily life. After her children leave for college, an Italian woman who has lived for years in New York City, and who formerly taught "The Art of Listening" at a University in Milan, decides to explore the South Bronx. She wanted to see for herself how people live and think "on the other side of the barricade." And one fine morning, flaunting the advice and concerns of friends and colleagues, she donned her brightest clothes and embarked upon her mission. In the three months spent in one of the most notorious zones of America's urban disaster - where Fort Apache, the Bronx was filmed in the 1970s, starring Paul Newman - she collected a wealth of material on the positive, constructive forces at work in the Bronx: the new urban pioneers. The book, which sites itself at the crossroads of the new journalism and urban ethnography, recounts the encounters and clashes between the author, her culture, her expectations and the various personalities who guide her through the realities of daily life in the Bronx. Marianella Sclavi follows these persons throughout the course of their daily lives (she speaks of "shadowing" them), entering homes, school rooms, a courthouse, a union headquarters, and various churches and associations that host the meetings of committees doing battle for decent housing and the rebirth of urban community. And while doing so, she elaborates what she calls a "humor-based methodology for city planners, teachers, sociologists and administrators."

The Holy Land - Alda Merini 2002

Merini, like Dante, represents the story of the Exodus of the Israelites from Egypt, in its literal and allegorical senses. The forty poems of The Holy Land recall Moses at Mount Sinai, the Israelites' forty years in the desert, and Jesus' fast in the wilderness. For Merini, it seems, the Holy Land is not the Promised Land of Canaan, but the forty years spent getting there, coming to terms with the terrifying atrocities of hell, the mystical ecstasies of paradise, and the "intense pain...of plunging back into the banality of daily living." Merini's wandering may be understood as the poet's search for the obscure laws which govern her visions, metamorphoses, and creations.

Eastern Body, Western Mind - Anodea Judith

2011-03-16

Revised edition of the groundbreaking New Age book that seamlessly merges Western psychology and science with spirituality, creating a compelling interpretation of the Eastern chakra system and its relevance for Westerners today. In *Eastern Body, Western Mind*, chakra authority Anodea Judith brought a fresh approach to the yoga-based Eastern chakra system, adapting it to the Western framework of Jungian psychology, somatic therapy, childhood developmental theory, and metaphysics and applying the chakra system to important modern social realities and issues such as addiction, codependence, family dynamics, sexuality, and personal empowerment. Arranged schematically, the book uses the inherent structure of the chakra system as a map upon which to chart our Western understanding of individual development. Each chapter focuses on a single chakra, starting with a description of its characteristics and then exploring its particular childhood developmental patterns, traumas and abuses, and how to heal and maintain balance.

Sadhana - Anthony De Mello 1984-09-01

Christian Exercises in Eastern Form Truly a one-of-a-kind, how-to-do-it book, this small volume responds to a very real hunger for self-awareness and holistic living. It consists of a series of spiritual exercises for entering the contemplative state -- blending psychology, spiritual therapy, and practices from both Eastern and Western traditions. Anthony de Mello offers here an unparalleled approach to inner peace that brings the whole person to prayer -- body and soul, heart and mind, memory and imagination. In forty-seven exercises that teach things such as awareness of physical sensations, stillness, healing of hurtful memories, and consciousness of self and world, de Mello succeeds in helping all who have ever experienced prayer as difficult, dull, or frustrating. The essential key, he notes, is to journey beyond mere thought-forms and discover satisfying new depths in prayer from the heart. This allows for a greater sense of awareness amid silence, and disposes the one who prays to untold riches, spiritual fulfillment, and ultimately, a mystical experience of God-centeredness. Drawing on Scripture, as well as insights from Eastern and Western spiritual

masters, the author has a unique appeal that transcends time, culture, and religious background. For many years a bestseller in the English language, Sadhana has now been translated into more than two dozen foreign languages. Readers the world over have eagerly received this sincere spiritual leader, who has led many toward the wealth of insight and spirit that dwells within them.

Aprirsi alla vulnerabilità - Krishnananda
2012-06-01T00:00:00+02:00

Spesso nella vita si incontrano situazioni difficili. Una separazione dolorosa, o la scomparsa dell'amato. Forse viviamo una relazione che non ci dà l'amore che speravamo, o ci accorgiamo di essere senza motivazioni ed entusiasmo. A volte siamo angosciati da pensieri negativi su di noi, o sulla vita in generale. Questo libro aiuta ad accogliere questi momenti e a capire come essi possono aiutare a crescere. È una guida per ritrovare forza, sicurezza e amor proprio, così di frequente minati da condizioni dolorose. Nel contributo audio che lo accompagna, le due meditazioni, guidate dalle voci in italiano degli autori, conducono a profondi viaggi interiori, che lavorano con il nostro subconscio per rafforzarci: ascoltarle e seguirle spesso aiuta a sviluppare le capacità necessarie per ottenere il meglio dalle esperienze che ci troviamo a vivere. Insieme, il libro e le meditazioni creano nel nostro intimo lo spazio che permette di avere più lucidità e di fare scelte più sane.

Face to Face with Fear - Krishnananda Trobe
2009

Sharing openly from his own life, his experiences working as a psychiatrist and seminar leader and his many years as a disciple of an enlightened spiritual master, Trobe explains how to uncover and heal the deepest wounds of the soul through acceptance, understanding, and compassion.

The School and Society - John Dewey 1915
First published in 1899, "The School and Society" describes John Dewey's experiences with his own famous Laboratory School, started in 1896. Dewey's experiments at the Laboratory School reflected his original social and educational philosophy based on American experience and concepts of democracy, not on European education models then in vogue. This forerunner

of the major works shows Dewey's per-vasive concern with the need for a rich, dynamic, and viable society. In his introduction to this volume, Joe R. Burnett states Dewey's theme.

Industrialization, urbanization, science, and technology have created a revolution the schools cannot ignore. Dewey carries this theme through eight chapters: The School and Social Progress; The School and the Life of the Child; Waste in Education; Three Years of the University Elementary School; The Psychology of Elementary Education; Froebel's Educational Principles; The Psychology of Occupations; and the Development of Attention.

An Introduction to the Sociology of Education - Karl Mannheim 1997

First Published in 1962. Routledge is an imprint of Taylor & Francis, an informa company.

From Fantasy Trust to Real Trust - Krishnananda Trobe, M.d. 2011-09-19

This book deals with the roots of our mistrust and the ways that we can learn to recover our lost sense of trust. What we normally consider trust is actually a false trust, a childish, fantasy trust. This kind of false trust is dependent on how others and life treats us. Life teaches us through the painful experiences of disappointment and betrayal how to learn a new kind of trust, a real sense of trust which comes from inside and no longer dependent on outside events and experiences. Trust arises first from retrieving self-trust and then trust towards others follows naturally from that re-discovery. In the book, the authors teach by sharing liberally from their own personal experiences and also with examples from their work as international seminar leaders.

Loving Each Other - Leo F. Buscaglia 1986-03-12

In this exploration of loving and living, bestselling author Leo Buscaglia addresses the intricacies and challenges of love relationships. He asks such important questions, as: How do we best interweave our lives with our loved ones? Do we change our way of relating depending on the circumstances: If we fail in one relationship, can we succeed in others? In this exhilarating book, Leo doesn't give pat answers. He presents alternatives and suggests behavior that opens the way to truly loving each other. He recalls with heartwarming detail the importance of his own family and friendships in

helping him to be open to grow and to love.

Vital Subjects - Rhiannon Noel Welch 2016

Vital Subjects: Race and Biopolitics in Italy is an interdisciplinary study of how racial and colonial discourses shaped the “making” of Italians as

modern political subjects in the years between its administrative unification (1861-1870) and the end of the First World War (1919). This title was made Open Access by libraries from around the world through Knowledge Unlatched.