

# SPACE CLEARING

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## **Clear Your Clutter with Feng Shui (Revised and Updated)** - Karen Kingston 2016-01-05

In this revised and updated edition of her classic, bestselling book, Karen Kingston draws on her wealth of experience as a clutter clearing, space-clearing, and feng shui practitioner to show you how to transform your life by letting go of clutter. Her unique approach lies in understanding that clutter is stuck energy that has far-reaching physical, mental, emotional, and spiritual effects. You'll be motivated to clutter clear as never before when you realize just how much your junk has been holding you back! You will learn: - Why people keep clutter - How clutter causes stagnation in your life - How to clear clutter quickly and effectively - How to live clutter-free

## The Healing Power of Smudging - Rodika Tchi 2017-12-19

An Inspiring, Full-Color, Photo-Packed Guide to Cleansing Your Home of Negative Energy Invite happiness and power into your life! Sharing the ancient tradition of space clearing with sacred smoke, this comprehensive introduction to smudging teaches you how to empower your life, your home, and your heart. With step-by-step tutorials, colorful photos, and expert advice, this book makes it easy to: • Smudge your home, yourself, and others • Craft your own smudge stick and fan • Choose sacred herbs, oils, and resins • Select the ideal day and time to smudge • Add crystals to your smudging altar • Perform rituals for all occasions

## **Magical Self-Care for Everyday Life** - Leah Vanderveldt 2020-03-10

Magic meets self-care in a feel-good guide that's both practical and mystical, exploring the

different ways we can honour our body, mind and spirit to create personal wellness. Join well-being and nutrition expert Leah Vandervelt in a wellness practice that integrates centuries-old traditions and concepts into everyday modern living. With herbal infusions for calming and mood boosting, tarot cards to tune into intuition, moon rituals for setting aligned intentions and breath work for releasing stuck energy, Leah weaves together spirituality, high vibe meals, astrology, meditation, movement and more. Inspiring photographs accompany Leah's selection of magical tools as she shares her experience with them, including the benefits, and a few simple actions, rituals and recipes to do on your own. Setting up supportive routines is key for feeling good every day. This is wellness for the witchy - people craving a more playful, receptive and healthy approach for tangible transformation. Celebrate the power to make your life more amazing. It's where the magic's at!

## **Crystal Prescriptions** - Judy Hall 2016-12-09

The next in the highly successful Crystal Prescriptions series, this volume covers crystals for space clearing, Feng Shui and psychic protection with extensive introductory material and practical exercises, plus the usual A-Z format directory. Whether you need to create a safe space for everyday living or meditation, or craft an oasis of calm in a buzzing work environment, or to protect your home in a crime-ridden area, crystals may assist you. You'll be able to work in harmony with the Feng Shui bagua to attract abundance and enhance all areas of your life. You'll find crystals to ghostbust, to clear curses no matter how far

back in your ancestral line, to remove spirit attachments, and to retrieve the lost soul parts that could make you vulnerable to psychic attack. Crystals will help you to strengthen your aura, create a firewall between you and the outside world, and repel psychic invasion. You will also be able to craft practical amulets for everyday wear and learn how to make crystals work for you.

**Space Clearing** - Nigel Percy 2012-12-28

Invisible energies and forces in your environment have a significant impact on your health and well-being. For thousands of years, humans have known that it isn't just the things you can see that make a place healthy or not. The Chinese perfected the art of feng shui to help create healthy flows of energy in living spaces, because they knew that stagnant or noxious energy can be harmful to health on all levels, from physical to financial. Native Americans dispelled spirits using smudge sticks, because they were aware that ghosts can have a detrimental effect on physical and mental well-being. But these methods by themselves are not adequate for dealing with modern noxious environmental energies. *Space Clearing: Beyond Feng Shui* gives you a proven, modern perspective on environmental energies. You learn what detrimental energies are, how to sense them, how to clear them and how to avoid pitfalls during the process. In addition, a history of space clearing, a glossary of terms, frequently asked questions and an introduction to dowsing are included. Nigel and Maggie Percy have drawn on their many years of working with clients around the world to provide you with a comprehensive, accurate and useful book on the subject of space clearing. Whether you are just dipping your toe in this important subject or desire to learn to clear space for yourself and others, *Space Clearing: Beyond Feng Shui* is the best foundation you can get in modern environmental energies and how to clear them. Buy *Space Clearing: Beyond Feng Shui* now and discover how you can make sure you have healthy, harmonious space in which to live and work.

[Harmonize Your Home 52 Tips to Energize Your Work from Home Life for Greater Success](#) - Annette Kurtz 2020-11-15

**Secrets of Space Clearing** - Denise Linn

2021-01-26

Best-selling author and originator of the term "space clearing," Denise Linn offers a comprehensive and practical guide to transforming the energy in any environment through both modern and traditional methods such as feng shui, clearing clutter (whether physical, emotional, or spiritual), essential oils, crystals, and more. Space clearing is the art of cleansing and harmonizing the energy within an environment. This practice has the power to not only make your home feel good but also help those within to feel more positive and energetic, to bring balance to relationships, and to remove blocks for increased abundance, creativity, and well-being. In this comprehensive guide to space clearing, internationally best-selling author Denise Linn distills more than 45 years of experience as a leading authority in energy healing to guide you through ancient rituals and modern techniques for regaining control of the energy in any environment, including your home and your body. You'll learn how to transform any space using feng shui, clutter clearing, prayer, crystals, essential oils, mystic mudras, holy water, pendulums, and more!

[Clutter Clearing Choices: Clear Clutter](#) - Barbara Tako 2010-05-11

In uncertain times, clutter clearing frees time for life priorities and provides opportunities to share our "extras" to help others as we create a comfortable home for our family.

**Do-It-Yourself Space Clearing Kit** - Christian Hummel 2004-06

The CD which comes with the *Do-It-Yourself Space Clearing* book is a guided meditation of the clearing processes outlined in the book.

*Space Clearing* - Marie Clayton 2003

When the energy within a home or workplace is out of sync, life can become disorganized, leaving its occupants feeling drained and disenchanted. Space Clearing suggests ways to tune into auras and sense the surrounding energy. Simple feng shui techniques increase prosperity and enhance relationships -- wind chimes, mirrors, and crystals divert negative energy and enhance positive influences. Space Clearing also shows busy people techniques for positive thinking, stress-busting, and simple relaxation. Color photos and illustrations are

featured throughout.

**Declutter Like a Mother** - Allie Casazza

2021-09-07

WALLSTREET JOURNAL BESTSELLER Live lighter. Live freer. Live a bigger life with less. In *Declutter Like a Mother*, Allie Casazza comes alongside you to explore: Why decluttering calms anxiety in your heart and lessens tension in your relationships. How to ensure your house is working for you, not against you. Why kids thrive when they're not overwhelmed with options. How to make time, when you feel you don't have time, to declutter. Allie Casazza was tired of feeling it was her against the laundry in her home. She wondered if somewhere beneath her frantic days and the mountains of toys in the playroom she would ever find joy and peace in motherhood. Then she discovered the abundance . . . of less. As she purged her home of excess stuff, Allie discovered a lifestyle that strengthened her marriage, saved her motherhood, and helped her develop her gifts in a way that no amount of new kitchen appliances or new organizing system ever could. Research studies show a direct link between stress levels and the amount of physical possessions people have in their homes, and Allie has seen that truth play out in her own life and in the lives of hundreds of thousands of other moms she has mentored through her business and online courses. She proclaims: You don't need a home that's perfect. You need a home that's lighter. Discover less stress, more space. Less chaos, more peace. Less of what doesn't matter, so you have room for what matters most of all.

**Feng Shui Made Easy** - Davina Mackail

2018-09-25

Create powerful transformations in all aspects of your life with the time-tested wisdom of feng shui. People are increasingly looking to find balance in every aspect of their lives - including their homes. An expert in the ancient Chinese art of feng shui, Davina MacKail demystifies and debunks the myths surrounding feng shui and explains its principles in simple terms to help the reader achieve the ultimate goal: harmony in their home and life. In this book, readers will learn how our homes, and the objects in them, have a profound impact on all areas of our life, including career, relationships, and money. With clear, easy steps, readers will understand how to

organize and arrange their home to heal a specific problem in their lives, cultivate a good energy flow in every room and let go of clutter for good in order to create a truly happy and harmonious home - a sanctuary of their own. Davina even explains how to buy and sell a home with feng shui. This book was previously published within the Hay House Basics series. [The Ultimate Guide to Shamanism](#) - Rebecca Keating 2021-07-20

Written by the Founder of the Shaman Sisters, *The Ultimate Guide to Shamanism* is a modern guide to the ancient practice of using spirit medicine in practice and ceremony for healing and manifestation.

**Creating Sacred Space with Feng Shui** -

Karen Kingston 1997-02-01

Provides simple and effective techniques on how to create harmony and abundance by clearing and enhancing home and workplace energies, and explains the link between inner peace and the buildings in which we live. Original.

**Clearing Spaces** - Khi Armand 2017-01-03

Out with the bad energy, in with the good! Khi Armand, a specialist in space clearing with expertise in rootwork and shamanism, offers a fantastic illustrated guide to resolving energetic issues in any home or office. He lays out such space-clearing methods as divination and consciousness-shifting; explains how to form a relationship with your space as a spiritual entity; discusses smudging, asperging, floorwashing, and visualization; and divulges many other ideas for protecting and blessing your environment.

**Unlocking the Grief Code** - Sandra Ruggles 2013-03-12

This book is designed to help you recover from the emotional pain of grief and loss. It is a holistic manual and a workbook with practical exercises and techniques to help you take the necessary steps to regain your overall well-being and become a whole person again. By reading this book, you can learn new ways to live your life free from grief. It is Sandra's wish for all of you reading this book that you heal easily, effortlessly, and faster than you ever imagined.

[Space Clearing](#) - Denise Linn 2000

The author of the international bestseller "Sacred Space" explains the four key steps to clearing space and creating purity and harmony in the home--from using bells, drums, rattles,

and other objects to performing special prayers and blessings. Color photos throughout.

*The Magic of Space Clearing* - Jodie Harvala  
2016-02-14

The Magic of Space Clearing is a book that will take you on a journey through clearing energy. For those of us who are sensitive in the world, we can sometimes feel when a space is "off" or something just doesn't feel right. This book will offer tools for beginners and those who have more experience. Clearing energy can create an entirely different experience in your day. Instead of coming home to stay put on the couch, you will feel better, sleep better, opportunities will open up and the magic will be revealed! Our home and work space will take on an entirely new personality once the energy is clear! Clearing space is also a way to increase that connection with spirit. I hope you enjoy the magic of clearing energy!

**A Year to Clear** - Stephanie Bennett Vogt  
2015-10-01

A complete yearlong course in clearing yourself of excess stress and stuff, this book features short contemplations, personal stories, tools, tips, one-minute practices, guided meditations, and wonderful questions to help readers create spaciousness in their lives. Stephanie Bennett Vogt will teach you how to unplug, detach, and clear to create more space and serenity in your life, what she describes as "the sacred process of removing clutter from both your house and your mind." Included are 365 daily lessons organized into 52 weekly segments, with each lesson building on the others to develop one's clearing muscle and grow new habits that will last a lifetime. The week usually begins with a personal story to introduce the theme and ends on the 7th day with a "Check In" to review and integrate the experience. Sprinkled throughout are meditations, Q&As, and testimonials. At the end of each lesson the author gives the reader an opportunity to "explore" a topic with several open-ended statements designed to bypass the thinking mind and open the channels to one's highest wisdom. Weekly themes covered include: Moving Stuck Energy Connecting with Home Being Enough Shining Light on Invisible Clutter Living Imperfectly Waiting It Out Cultivating Stillness Forgiving Flourishing Sacred Space - Denise Linn 1995-12-26

"Our homes are mirrors of ourselves. Through them we can interface with the universe." Everything in the universe is composed of constantly changing energy, including your home and its contents. This energy can profoundly influence your ability to be healthy, loving, creative and abundant. By clearing and enhancing this energy you can transform your home into a sanctuary which radiates positive energy in ever-expanding circles. In this fascinating and unusual book, Denise Linn shows you how you can dramatically change your life by changing the environment in your home or office. She combines information from her own Native American heritage with material she has personally collected from native traditions around the world to bring you practical, easy-to-use exercises for balancing the physical, emotional and spiritual energies in your home, including how to: \* Diagnose and solve problems with stagnant home energies. \* Use sacred sound, spirit smoke, mystic symbols and purifying fire for clearing home energy. \* Discover the personal numerology of your home. \* Use the ancient art of Feng Shui for the placement of objects in your home. \* Call house angels and totems as home protectors. \* Use rituals to rid your home of unwanted spirits. \* Instantly uplift the energy in your home. Your home can resonate, sing and pulse with Light energy that can touch the lives of everyone around you. Your home can become Sacred Space.

**Clutter Busting Your Life** - Brooks Palmer  
2012

The author of the best-selling Clutter Busting books looks further into how holding on to things we no longer need effects relationships and offers thought-provoking questions, exercises and examples to help create clutter-free lives. Original. 20,000 first printing.

**Clearing a Space** - Amit Chaudhuri 2008  
Offers an exploration of what it means to be a modern Indian in relation to the West. This work features essays about Indian popular culture and high culture, travel and location in Paris, Bombay, Dublin, Calcutta and Berlin, empire and nationalism, Indian and Western cinema, music, art and literature, politics, race, and cosmopolitanism.

Holistic Spaces - Anjie Cho 2018-12-06

Transform your home into a calm, balanced and harmonious oasis using architect Anjie Cho's helpful advice, drawing on her background in green design and feng shui. You don't have to get rid of all your possessions and become an ascetic to change your space and discover the benefits that living in a considered, organic way can bring. The easy suggestions in *Holistic Spaces* show you how to implement the principles of feng shui and green design in your home. Written for the way we live today, as we move toward a more mindful approach to health, diet and the way that we choose the objects in our homes, this is the perfect guide to help you to clear and refresh your living environment. Learn how to make every room in your home serve its highest purpose, create eco-friendly spaces, bring nature indoors, choose colours for maximum impact, select a space for meditation practice, and overall, create a peaceful and organic home. From the bedroom to the home office, these intuitive, straightforward tips will teach you to how improve your spaces to boost the flow of energy through your life.

**Clearing Clutter** - Alexandra Chauran  
2015-07-08

Discover how to clear clutter in every aspect of your life: physical, mental, and spiritual. Remove junk from your living space with feng shui techniques. Rid yourself of mental clutter and restore balance with meditation exercises. Organize spiritual untidiness and find deeper meaning with tips and guidance from psychic professional Alexandra Chauran. *Clearing Clutter* is your perfect guide to letting go of unnecessary attachments and living in peace and tranquility. With simple steps, you can create change and achieve balance in your life.

Through easy yet powerful exercises and techniques, clutter can be permanently cleared, making you happier and more productive in all that you do. Praise: "Clearing all three aspects—physical, mental, spiritual—is the only way to achieve the balance necessary to live a satisfying life. Written in an upbeat, conversational tone, Chauran's guidance is easy to hear." —Anna Jedrzejewski, *Retailing Insight*

**Clear Your Clutter with Feng Shui (Revised and Updated)** - Karen Kingston 2016-01-05

In this revised and updated edition of her classic, bestselling book, Karen Kingston draws

on her wealth of experience as a clutter clearing, space-clearing, and feng shui practitioner to show you how to transform your life by letting go of clutter. Her unique approach lies in understanding that clutter is stuck energy that has far-reaching physical, mental, emotional, and spiritual effects. You'll be motivated to clutter clear as never before when you realize just how much your junk has been holding you back! You will learn: - Why people keep clutter - How clutter causes stagnation in your life - How to clear clutter quickly and effectively - How to live clutter-free

*Space Clearing Made Simple* - Melissa Crowhurst 2018-05-23

Use whatever lingo you like, but when the explanation of 'what we are' is boiled down: we're all energy beings existing in a field of energy. This means people can unknowingly unload their energetic 'junk' in a space and in turn, a place can impress its energetic 'clutter' upon us - leaving us feeling uneasy. *Space Clearing Made Simple* is the essential guide to declutter and wipe clean the negative energy so you can feel comfortable everywhere you go. Its seamlessly integrates ancient wisdom with scientific explanations in order to form Melissa's refreshing take on transforming negative spaces into loving places. The reader travels from the fundamentals of energy healing to then follow Melissa's simple steps to *Space Clearing* - all while developing their own intuition and confidence. What's more, no experience is required to truly benefit from Melissa's knowledge because her methods are easy yet highly effective.

*Space Clearing* - Denise Linn 2000

The ancient art of space clearing is now being recognized by a growing number of people as a simple and effective way to heal many aspects of their lives. In this practical and beautifully illustrated book, Denise Linn, author of the international bestseller *Sacred Space*, explains the four key steps to space clearing and the different methods involved -- from using bells, drums, and rattles to feathers, smoke, and sacred dance. She also offers simple guidelines on preserving the atmosphere after a clearing, including special blessings and prayers.

**Clear Your Clutter Inside and Out** - Julie Coraccio 2019-11-11

Does your clutter control you or do you control your clutter? Stop letting fear overwhelm you! Julie Coraccio's definition of clutter is this: Clutter is anything that prevents you from creating the life you choose, deserve, and desire. Understand how to recognize your physical, mental, emotional, and spiritual clutter and then take action to clear chaos inside and out. Clear Your Clutter Inside & Out teaches you how to overcome your clutter and move forward. Twenty-one stand-alone chapters guide you step-by-step to let go of what no longer serves you. Each section shares stories and real-life examples to illustrate how clutter can show up in your life. Learn the nuts and bolts of how to release your clutter along with action steps to create lasting change. When you clear your clutter you can share your gifts with the world. What talents will you discover? FREE GIFT with purchase. Kick Fear to the Curb. How has your fear prevented you from living your life to the fullest? Gain Peace of Mind. Each chapter has Take Actions broken down into manageable steps to get you going on your decluttering journey. Learn at your own pace. The book has 21 stand-alone chapters addressing physical, mental, emotional, and spiritual clutter. Topics include Clutter Kryptonite, The Just Because's, Feel Your Feelings, Gossip Girl, Clearing Your Space, and more. You Are Capable. Don't sell yourself short and underestimate what you can accomplish. You can declutter your life! Take Action! Ready to release clutter and share your gifts with the world? Julie Coraccio is a professional life organizer, author, certified life coach and the host of the popular podcast and YouTube series Clear Your Clutter Inside & Out. Check out all of Julie's books including her Got Clutter? 365 Journal Prompts books to clear clutter.

### **Feng Shui Home** - Gill Hale 2007

A home should be a peaceful oasis, providing a calm refuge from stress and tension. This text opens with a look at the philosophy and application of feng shui. It is full of ideas, advice, photographs, and hints and tips to make every home a spiritual place.

### Clear Home, Clear Heart - Jean Haner

2017-03-14

Have you ever entered a room and it just didn't feel right, yet you couldn't explain why? Do you

sense a natural comfort with some people but are immediately stressed by others? The truth is that we're all influenced far more than we realize by the invisible energy of the people and places around us. This, along with difficult experiences in your past that still weigh you down, can keep you from being a creative force in your life. Clearing is a gentle but powerful way to release the old stress you're still carrying from your life history, as well as transform how you're affected by the energy around you each day. Many people experience immediate shifts in their energy during a clearing, and significant change often unfolds in the days and weeks afterward. In fact, clearing has even been described as "accelerated meditation" because it can lead to a sense of calm and happiness that typically results only after years of a mindfulness practice. In this simple, elegant guide, Jean Haner teaches you, in easy-to-follow steps, how to clear your own energy or that of any person, as well as bring harmony to the energy of the spaces you inhabit, so you can reclaim your vitality and joy, and open up infinite new possibilities in life. Healers, intuitives, energy workers, highly sensitive people, and anyone who just wants to optimize their energy and live their best life will find this to be the perfect training. Jean refines energy clearing to its pure essence—the power of the compassionate heart!

### Energy Strands - Denise Linn 2018-03-20

Native shamanic traditions tell us that there are cords, strands, threads, and filaments of energy that flow to and through us, connecting us to everyone and everything in the Universe. Some energy strands make us feel vibrant and alive. Others deplete and weaken us. Most of us are unaware of these energy strands, but they are extremely powerful forces that surround us every day. In her latest book, Energy Strands, Denise Linn shows you how to release the cords that bind you and strengthen the ones that heal you. She shares methods she's personally practiced over the years to help you achieve peace and balance in your life, including how to:

- discover attachments to family, friends, lovers, past-lives, and pets
- cut energy strands with toxic people and unhealthy relationships
- activate specific techniques to protect and shield your energy field
- use space clearing methods to create harmony in your home

Energy Strands

explores the connection between the chakras, breath, meditation, visualization, sound healing, and more. Using a variety of tools, including dowsing, smudging, singing bowls, crystals, and much, much more, you'll begin to renew your energy, replenish your inner sources, and magnify the cords that empower you.

**Space Clearing A-Z** - Denise Linn 2001-05-01

In *Space Clearing A-Z*, Denise Linn, the internationally acclaimed author of *Sacred Space*, reveals ancient secrets for cleansing and balancing the energy in your home. These sacred traditions are gaining tremendous momentum right now for a very simple reason—they work!

*Vegetarian Times* - 2003-01

To do what no other magazine does: Deliver simple, delicious food, plus expert health and lifestyle information, that's exclusively vegetarian but wrapped in a fresh, stylish mainstream package that's inviting to all.

Because while vegetarians are a great, vital, passionate niche, their healthy way of eating and the earth-friendly values it inspires appeals to an increasingly large group of Americans. VT's goal: To embrace both.

**Secrets of Space Clearing** - Denise Linn 2021-01-26

Learn mystical methods for clearing and uplifting the energy in your home, including feng shui, clearing clutter (physical, emotional, or spiritual), essential oils, and crystals. Space clearing is the art of cleansing and harmonizing the energy within an environment. This ancient practice has the power to not only make your home feel good but also help those within to feel more positive and energetic, to bring balance to relationships, and to remove blocks for increased abundance, creativity, and well-being. In this comprehensive guide to space clearing, internationally best-selling author Denise Linn distills more than 50 years of experience as a leading authority in energy healing to guide you through sacred ceremonies and modern techniques for regaining control of the energy in any environment, including your home and your body. You'll learn how to transform any space using feng shui, clutter clearing, prayer, crystals, essential oils, mystic mudras, holy water, pendulums, and more!

[Good Vibrations](#) - Judy Hall 2014-06-04

In this indispensable guide, Judy Hall shows you how to harness the power of your mind and intention together with crystals and flower essences to enhance your energies and your environment. Nothing in the book takes more than twenty minutes of your time and the benefits are incalculable. With simple exercises, visualisations, rituals, 'quick fixes', crystal grids and layouts, you will soon learn to contain and cleanse your energy field and enjoy life surrounded by good vibrations.

[A Shawl of Mist](#) - Yukiko Inoue-Smith 2012-06-07

This book of tanka, an ancient style of Japanese poetry, includes essays written to accompany and complement the poems. The short essays included here provide practical thoughts based on the author's long years of personal and professional experiences — studying, reading, teaching, thinking, and especially, cherishing each day of living.

[Sacred Space](#) - Denise Linn 2010-06-15

'Our homes are mirrors of ourselves. Through them we can interface with the universe.' Everything in the universe is composed of constantly changing energy, including our homes and their contents. By clearing and enhancing this energy, we can turn our living spaces not only into sanctuaries for ourselves but also into places which radiate positive energy for the benefit of others. In this fascinating and unusual book, international lecturer and healer Denise Linn shows how we can infuse our homes (and offices) with a sense of cosmic order so they become nurturing centres of strength and health. Drawing upon her Cherokee Indian heritage, as well as the knowledge she has personally collected from the native traditions around the world, Denise offers simple but effective techniques including how to use: --Feng Shui --Spirit Smoke --Purifying Fire --Mystic Sound --The Way of the Shaman to help us create a sacred space wherever we make our home.

[Creating Sacred Space with Feng Shui](#) - Karen Kingston 1997-01-01

Provides simple and effective techniques on how to create harmony and abundance by clearing and enhancing home and workplace energies, and explains the link between inner peace and the buildings in which we live. Original.

[Shelfie](#) - Martha Roberts 2018-07-12

A decorating trend and social media phenomenon, 'the shelfie' originally emerged in response to the clutter-clearing movement. What started as a label for beautiful bookshelves is now applied to artfully stylish arrangements of collectables, flowers, photos, crafting ephemera, perfume bottles - and of course books. And shelfies don't just appear on shelves, but also on desks, worktops and fireplaces. De-cluttering, and then curating our favourite possessions stylishly, is a great way to bring personality into the home and workspace. In the first book on the shelfie, Martha Roberts shows you how to source, sort and arrange your belongings for

every room in the house. Photography by Nick Pope, who took the photographs for *At Home with Plants*, also published by Mitchell Beazley. 'While most of us are just beginning to get to grips with the selfie, the 'shelfie' movement has been gaining digital ground. The self-obsessed are becoming the 'shelf-obsessed.' - Talib Choudry, the Telegraph

**Lillian Too's Feng Shui Space Clearing Kit** - Lillian Too 1999

This unique new kit explains in simple terms how to purify your living space safely, at home or at work.