

Tantra Lo Shivaismo Del Kashmir

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Corpo, Mente e Spirito - La Trilogia - Assam Bihar - Susan Daniel 2014-10-04
Nuova edizione aggiornata. Disponibile anche in cartaceo. I Chakra sono centri energetici e di consapevolezza presenti nel corpo umano, in

grado di influenzare il nostro benessere fisico e spirituale. Grazie a questo manuale potrete scoprire i sette Chakra principali, a quali centri energetici corrispondono e come ripristinare l'armonico equilibrio dei "vortici" di energia,

fattore importantissimo che può contribuire alla risoluzione di molti disturbi. Una vera e propria guida pratica, indispensabile per la conoscenza dei centri di forza del corpo umano e per saperne di più su Aura, Nadi, Prana, Bija, i cinque Kosha, il Mantra, il Prana. Imparerete che i chakra sono associati a ghiandole, colori, stati d'animo, animali, pianeti e suoni e per ognuno troverete una completa descrizione, esercizi di respirazione, e soprattutto esercizi per aprire i chakra dal primo al settimo livello dell'aura. Tutto ciò abbinato alla Cristalloterapia, la teoria secondo cui alcuni cristalli possono aiutarci a stare meglio, che fonda i suoi presupposti nel fatto che tutti i corpi possiedono un particolare campo energetico e che ogni fenomeno naturale ha come conseguenza l'emissione o l'assorbimento di energia. E' un antichissimo sistema di guarigione naturale che mira a riportare l'equilibrio energetico in una persona. Lo Hatha Yoga è una forma di Yoga basato su una serie di

esercizi psicofisici di origini antichissime, originati nelle scuole iniziatiche dell'India e del Tibet. Lo Hatha Yoga insegna a dominare l'energia cosmica presente nell'uomo, manifesta come respiro, e quindi a conseguire un sicuro controllo della cosa più instabile e mobile che si possa immaginare, ossia la mente sempre irrequieta, sempre pronta a distrarsi e divagare. In tal maniera lo yoga, influenzando insieme sulla vita psichica e su quella fisica dell'individuo, che del resto pensa strettamente congiunte, si propone di compiere una revulsione immediata dal piano dell'esperienza quotidiana, umana e terrena e di attuare con grande prontezza il possesso della più alta beatitudine. Ecco perché lo Hatha Yoga è anche chiamato "la via celere".

Libro de Yoga -

The Doctrine of Vibration - Mark S. G.

Dyczkowski 1989

Cutting across distinctions of schools and types, the author explains the central feature of

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Kashmir Saivism: the creative pulse of the all-pervasive Consciousness called Siva. This is also the central theme of the Hindu Tantras, and Dyczkowski provides new insight into the most literate and extensive interpretations of the Tantras. This book is significant from four points of view. First, it breaks new ground in Indian philosophy. According to the Spanda Doctrine, the self is not simply witnessing consciousness as maintained by Sankhya and Vedanta, but is an active force. Second, the ultimate reality is not simply a logical system of abstract categories, but is living, pulsating energy, the source of all manifestation. Third, the work elaborates the dynamic aspect of consciousness. It supplies an excellent introduction to the texts and scriptures of Kashmir Saivism. Fourth, it suggests a Yoga for the realization of self.

Il nettare degli Dei - Roberto Pierpaoli

2015-11-25

L'Oriente nasconde molti tesori capaci d'indirizzare verso una dimensione spirituale

insita in noi; una dimensione che, una volta conosciuta e realizzata, può condurci alla pace, all'armonia, non soltanto in noi stessi ma anche nel mondo in cui viviamo, un mondo ancora pesantemente dilaniato da futili e inumani conflitti. Un grande libro in grado di introdurci e guidarci in una visione 'altra', utile sia al viaggiatore che affronterà una realtà diversa dalla propria e che avrà pertanto bisogno di adeguati strumenti interpretativi, sia allo studioso, semplicemente desideroso di ampliare il proprio bagaglio culturale, senza per questo dover affrontare le fatiche di un viaggio impegnativo.

Guida al viaggio spirituale - Swami

Muktananda 1987

Gods of Love and Ecstasy - Alain Daniélou

1992-05-01

Shiva and Dionysus are the Hindu and Greek gods of magical power, intoxication, ecstatic sexuality, and transcendence who initiate us into

communion with the creative forces of life. Revealing the earliest sources of the traditions of Shiva and Dionysus, Alain Danielou reconstructs the fabric of our ancient relationship with creation, vividly relating practices that were observed from the Indus Valley to the coasts of Portugal at least six thousand years ago.

Kundalini - Lilian Silburn 1988-01-01

Kundalini's power lies dormant in humans until it is awakened. The awakened Kundalini expresses the primal divine impulse and ultimately joins the individual with the divine. The development of the book parallels the development of the Kundalini within. Part One exposes the awakening and unfolding of the Kundalini; Part Two describes the piercing of the energy centers and the stages of ascent through the body; and Part Three examines Kundalini's relation to sexual expression. The book provides a deep understanding of Tantra and of the underlying purpose of Tantracism. The author

carefully considers the Caryakrama practices of sexual expression as a means of awakening and controlling Kundalini. Silburn draws together passages from the Trika, Krama, and Kaula systems ranging through Abhinavagupta and Lalla and provides both translation and commentary for them. Chapters on the Chakras, the Nadis, and on mantras further elucidate the topic and lead to a forceful conclusion: Kundalini is the source of ultimate human knowledge and power.

Shiva Sutras - Swami Lakshmanjoo 2017-07-24
Shiva Sutras: The Supreme Awakening - Includes free downloadable audio of original lectures. - A collection of 77 aphorisms that form the foundation of Kashmir Shaivism. - The version herein contains the commentary of the 10th century philosopher and mystic Kshemeraja, and is revealed to us by the fully realized master Swami Lakshmanjoo. The Shiva Sutras, gifted by God to the sage Vasugupta for the upliftment of humanity, is one of Kashmir

Shaivism's most important and revered texts. Swami Lakshmanjoo gives the reader a penetrating vision of the glorious journey of the Supreme Awakening; the traveling from limited individuality to absolute oneness with God. Basing his rendering on the esoteric commentary of Abhinavagupta's chief disciple Kshemaraja and drawing on his own experience, Swami Lakshmanjoo shows us the way home.

La via regale della Shakti - Daniel Odier

2022-11-25T00:00:00+01:00

Conosciuto nel mondo come uno dei maestri occidentali del tantra, Daniel Odier ha il merito di aver reso accessibile quella tradizione nata settemila anni orsono nella valle dell'Indo, forse l'unica filosofia antica che abbia attraversato tutti i sussulti della Storia per giungere a noi intatta in un'ininterrotta trasmissione da maestro a discepolo. Dopo Tantra, l'iniziazione di un occidentale all'amore assoluto e La folle saggezza delle yogini, questo è il terzo volume dell'insegnamento impartito direttamente

all'autore dalla maestra yogini kashmira Lalita Devi, insegnamento che indica la via per un amore totale e conduce verso la libertà dell'essere. In queste pagine, Odier dà un'interpretazione delle pratiche segrete che si trovano nel Kaulajnananiraya tantra, magnifico testo esoterico i cui insegnamenti sono attribuiti al leggendario maestro Matsyendranatha. Il Kaulajnananiraya tantra è innanzitutto un testo di pratiche relative all'ottenimento delle siddhi, poteri magici, tramite la decostruzione di tabù per lo più sessuali, e come molti testi tantrici è scritto in un linguaggio «crepuscolare», ossia indica la pratica senza svelarne gli arcani. Da qui discende il valore della trasmissione diretta dell'insegnamento dalla yogini al discepolo, poiché senza commento è impossibile accedere alle pratiche. Per questo Daniel Odier ha scelto di isolarle e di descriverle in dettaglio prima di proporre il testo integrale tradotto dal sanscrito da Dominique Boubouleix. Un testo che porta alla liberazione attraverso la via della Shakti, la

divina energia. «Daniel Odier: un maestro zen e tantrico». Publishers Weekly «Uno dei pochi occidentali ammessi alla scuola del Tantra racconta il suo apprendistato non solo mistico». Corriere della Sera"

Kashmir Shaivism - Swami Lakshman
1988-01-01

Swami Lakshman Jee is the last living Master of the oral tradition in Kashmir Shaivism. This exposition of the non-dual philosophy with practical applications is his first book in English. The tantric teachings are hidden in a language of allusion and symbol. Swamiji offers the skeleton key of the oral tradition that allows access to the secrets. The intent is to preserve the tradition and to make it available. The emphasis is on practical realization of Truth through the experiences of Kundalini Yoga. The author contrasts this realization with the concepts of liberation taught by other schools of Indian philosophy, especially Advaita Vedanta. Kashmir Shaivism experiences the world as real

and true--as real and true as the existence of God. Liberation is the unbroken awareness of this universe as one's own transcendental Consciousness. It is a blissful realization.

Tantra. Lo shivaismo del Kashmir -
Kamalakar Mishra 2012

Kashmir Shaivism - John Hughes 2007

Sri Vijnana Bhairava Tantra - Swami
Satyasangananda Saraswati 2003

Critical interpretation with text of Hindu Tantric text.

Tantra - Georg Feuerstein, Ph.D. 1998-07-28
Tantra—often associated with Kundalini Yoga—is a fundamental dimension of Hinduism, emphasizing the cultivation of "divine power" (shakti) as a path to infinite bliss. Tantra has been widely misunderstood in the West, however, where its practices are often confused with eroticism and licentious morality. Tantra: The Path of Ecstasy dispels many common

misconceptions, providing an accessible introduction to the history, philosophy, and practice of this extraordinary spiritual tradition. The Tantric teachings are geared toward the attainment of enlightenment as well as spiritual power and are present not only in Hinduism but also Jainism and Vajrayana Buddhism. In this book, Georg Feuerstein offers readers a clear understanding of authentic Tantra, as well as appropriate guidance for spiritual practice and the attainment of higher consciousness.

Panchasiddhantika. - Varma Mihira 2018-10-30
This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved,

reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Siva - Wendy Doniger O'Flaherty 1981-05-28
Originally published under the title Asceticism and Eroticism in the Mythology of Siva, this book traces the development of an Indian approach to an enduring human dilemma: the conflict between spiritual aspirations and human desires. The work examines hundreds of related myths and a wide range of Indian texts--Vedic, Puranic, classical, modern, and tribal--centering on the stories of the great ascetic, Siva, and his erotic alter ego, Kama.

Theosophia Practica - J.G. Gichtels 1722

Nothing to Grasp - Joan Tollifson 2012-08-31
This book points relentlessly to what is most obvious and impossible to avoid: the ever-present, ever-changing, nonconceptual actuality of the present moment that is effortlessly presenting itself right now. This book is an invitation to wake up from commonplace misconceptions and to see through the imaginary separate self at the root of our human suffering and confusion. *Nothing to Grasp* is a celebration of what is, exactly as it is.

A Trident of Wisdom - Abhinavagupta (R?j?naka.)
1989-01-01

"I have prepared a trident of Wisdom in order to cut asunder their bondage." -- Abhinavagupta
This is a long commentary on a short Tantra. One of the most authoritative and venerated texts in Kashmir Shaivism, it deals with the nature of Ultimate Reality and with methods of realization focusing on the theory and practice of Mantra. Abhinavagupta presents his metaphysics of language, of the Word (Vak), and

its relation to consciousness. He calls it, "trikasastra-rahasya-upadesa: The teaching of the secret of the Trika doctrine."

The Krama Tantricism of Kashmir - Navjivan Rastogi 1996

The Karma Tantricism of Kashmir is intended as a ground work of the Karma system, an almost neglected area of Kashmir Saivism. The author has very ably reconstructed the history and metaphysics of the system after rummaging through relevant literature, both in print and manuscript form. The krama philosophy, Sakta esotericism and the Tantric synoptic view are seen. In this first of the two volumes, the author has given a general and historical survey in seven chapters-Karma as a distinct system, mutual exchange from allied system, different traditions and sub-schools, sources and literature and karma`s place in Kashmir Saivism. Contains chronological table of Karma author`s classified Bibliography and indexes.

The Power Unknown To God - T Sreenivāsulu

2014-10-01

The awakening of the kundalini or the cosmic energy in a human body is a rare phenomenon which defies the logic and rational explanation by modern science. The author has narrated his direct experiences with this energy in great detail in this book. It gives a fascinating insight into what happens when this cosmic energy gets activated in a human body. Hence, the kind of literature presented in some of the portions is rare to come across and truly mind boggling. This book also addresses some of the profound questions facing the mankind about its very existence. This book is meant for all sections of the humanity irrespective of their religious, philosophical, cultural, professional and educational background. The secrets revealed in this book can be of immense help to anyone in pursuit of the lasting peace and happiness.

Babaji Mahavatar. L'eternità discesa nel tempo - Egidio Baiss 2004

The Tantrasāra of Abhinava Gupta - Abhinavagupta (Rājānaka.) 1918

Abhinavagupta's Commentary on the Bhagavad Gita - Abhinava (Rājānaka.) 2002
Abhinavagupta, Probably The Greatest Genius Of India In The Fields Of Philosophy, Aesthetics, Poetics, Dramaturgy, Tantra And Mysticism, Is Being Rediscovered Only In The Last Few Decades. Although Several Scholars, In India And Abroad, Are Engaged In Studying His Works, It Is Surprising That There Are Still Few Translations Available. The Great Merit Of The Present Translation Of Abhinavagupta`S Summary Of The (Real And Secret) Meaning Of The Bhagavad Gita Lies In The Following: First, It Includes The Text And Translation Of The Kashmiri Version Of The Bhagavad Gita, Which In Places Differs From The One Commented Upon By Shankara. Besides, It Brings Out The Specific Meanings In The Context Of Kashmir Shaiva Philosophy And Yoga, Without Being

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Influenced By Samkhya Or Vedanta.

El Tantra - André Padoux 2022-07-13

Desde hace más de un milenio, el tantrismo es un elemento esencial de la vida religiosa de la India y de su pensamiento filosófico. De él derivan algunos de los aspectos más curiosos, pero también y sobre todo, de los rasgos fundamentales del hinduismo antiguo y moderno: culto de la diosa Kâlî, mantras, sexualidad ritual, ritos de todo tipo... Por otra parte, el tantrismo sufre en Occidente de una reputación injustificada de extravagancia y exceso, alimentada por una literatura que intenta sobre todo seducir al público antes que instruirlo realmente. Esta obra nos ofrece las claves para descubrir este universo y nos muestra la riqueza del terreno tántrico y el interés que tiene para los occidentales. En suma, El tantra constituye por hoy posiblemente la mejor guía en lengua española para profundizar en cualquiera de las dimensiones y manifestaciones prácticas del tantrismo hindú.

Tantra - Radha C. Luglio 2005-12

This refreshingly fresh and spontaneous book unravels the secrets of the sacred art of Tantra. It helps to contact our inner being in a direct way, removing what is preventing the flow of life-energy that naturally brings us bliss, creativity, joy and meditation.

The Ubiquitous Siva - John Nemeč 2011-07-22

This book examines the beginnings of the non-dual tantric philosophy of the famed Pratyabhijna or "Recognition" School of tenth-century Kashmir. It includes a critical edition and annotated translation of chapters 1-3 of Somananda's Sivadrsti, the first Pratyabhijna text ever composed, along with the corresponding passages of Utpaladeva's commentary, the Sivadrstivatti.

The Book of Kali - Seema Mohanty 2009-07

One of the most unconventional yet immensely popular deities in the Hindu pantheon, goddess Kali essentially represents the dark and contrary aspects of the cosmos. Her naked form and

association with violence, blood and gore challenge the very concept of divinity. Yet, over the centuries, she has come to represent a whole gamut of conflicting images-from bloodthirsty ogress to benign goddess. So today while she is venerated as Chamunda, a deity who verges on the macabre and grotesque, she is also adored in household shrines in one of her milder forms, Dakshina-Kali. It is this evolution of Kali-from her origin as a tantric goddess to her metamorphosis into a divinity in mainstream religion-that Seema Mohanty captures brilliantly in this book. Drawing upon a variety of sources-rituals associated with the worship of Kali, tales from the Ramayana, the Mahabharata, the Puranas, the Tantras and Agamas, folklore and films-she has succeeded in portraying in engrossing detail the myriad manifestations of the enigmatic deity that is Kali.

Estudios de Asia y Africa - 1994

Yoga tantrico. Asana e pranayama del Kashmir -

Eric Baret 2008

I Sette Chakra - Susan Daniel 2015-08-22
Nuova edizione aggiornata. I Chakra sono centri energetici e di consapevolezza presenti nel corpo umano, in grado di influenzare il nostro benessere fisico e spirituale. I Chakra sono dei vortici circolari di energia, dei veri e propri centri energetici che come delle valvole regolano il flusso di energia nel nostro sistema energetico (a volte vengono raffigurati come dei fiori con i loro petali). Non sono né fisici, né visibili, ma sono assolutamente reali e sono situati lungo il corpo, a partire dalla punta al fondo del coccige fino ad arrivare alla parte superiore della testa. La dottrina orientale che ne ha diffuso la conoscenza nel mondo occidentale considera i Chakra come aperture, porte di accesso all'essenza del corpo umano. La loro funzione principale è quella di assorbire l'Energia Universale, metabolizzarla, alimentare le aure e rilasciare energia all'esterno. I sette chakra sono

simili a fiori a forma d'imbuto e ciascuno di essi è dotato di un numero differente di petali. Per questo motivo in Oriente vengono spesso definiti come fiori di loto. I petali del fiore rappresentano le nadi o canali energetici attraverso cui l'energia è in grado di raggiungere i chakra, luogo da cui viene poi trasmessa ai corpi sottili. Il numero di petali o nadi varia da quattro del primo chakra ai mille del chakra della corona. Grazie a questo manuale potrete scoprire i sette Chakra principali, a quali centri energetici corrispondono e come ripristinare l'armonico equilibrio dei "vortici" di energia, fattore importantissimo che può contribuire alla risoluzione di molti disturbi. Una vera e propria guida pratica, indispensabile per la conoscenza dei centri di forza del corpo umano e per saperne di più su Aura, Nadi, Prana, Bija, i cinque Kosha, il Mantra, il Prana. Imparerete che i chakra sono associati a ghiandole, colori, stati d'animo, animali, pianeti e suoni e per

ognuno troverete una completa descrizione, esercizi di respirazione, e soprattutto esercizi per aprire i chakra dal primo al settimo livello dell'aura.

Śivastotrāvali of Utpaladeva - Utpala 2008
Utpaladeva (late 9th-early 10th century) was a great philosopher of the School of Recognition of non-dualist Kashmir Saivism, who established its philosophy on a solid basis with his *Isvarapratyabhijna Karikas* (Verses on the Recognition of the Lord), and with three philosophical works, the *Siddhitrayi*. He was the predecessor (Paramaguru) of the great Abhinavagupta. But at the same time he was a mystic of bhakti as we find it here expressed in his *Hymns Sivastotravalt*. For him, bhakti and advaita were not opposed to each other but complementary. The *sivastotravali* is a collection of verses and hymns which are an expression of intense bhakti, longing for the Lord, and the mystical experience of the author and his non-dual union with Siva. They were arranged in

20 chapters or Stotras by his disciples. Of highly poetic quality, these verses belong to the greatest mystical literatures of the world. Swami Lakshman Joo, the last Saivacharya of Kashmir (1907-1991), combined in himself the great scholar of the tradition of Kashmir Saivism, who taught and expounded its texts time and again to his disciples and to scholars from all parts of the world, and the perfect yogi who had an intimate experience of the spirituality contained therein. He had a special love for the Sivastotravali and expounded it many times in different languages (Kashmiri, Hindi and English). His edition of the Sivastotravali with Ksemaraja's commentary and his Hindi translation remains the standard text. In the present volume his exposition in English is brought out for the first time.

An Introduction to Tantric Buddhism -
Shashi Bhushan Dasgupta 1974

Shakti Mantras - Thomas Ashley-Farrand
2009-08-05

SHAKTI MANTRAS Tapping into the Great Goddess Energy Within • Enhance your spiritual gifts • Lighten your karmic burden • Improve your health and increase prosperity • Live in harmony with the universe Now, with Shakti Mantras, we can all benefit from this ancient practice. Thomas Ashley-Farrand, a Vedic priest, is an American expert in the intricacies of Sanskrit mantra. With nearly thirty years and thousands of hours of experience in chanting, he is supremely well-equipped to write the first book that teaches women (and men as well) to tap into the dynamic feminine energy of love in all its manifestations. By sharing enchanting Hindu myths and astonishing true stories from his own practice, Ashley-Farrand helps us to understand the real power that this age-old art awakens in those who perform it. Through dozens of actual mantras—each one presented with phonetic spelling for easy pronunciation and recommendations for specific applications—he enables us to increase our

“shakti” (power) and use it to solve problems, ensure abundance, create health and well-being, summon protection, and invoke personal and universal peace. Whether you’re new to chanting or an old hand, Shakti Mantras will take you places you’ve never been before . . . and measurably enrich your life.

Spanda-Karikas - Jaideva Singh 2014-01-01

The Spandakarikas are a number of verses that serve as a sort of commentary on the Siva-sutras. According to Saivagama, the divine consciousness is not simply cold, inert intellection. It is rather spanda, active, dynamic, throbbing with life, creative pulsation. In Siva-sutras, it is the prakasa aspect of the divine that is emphasized; in Spandakarikas, it is the vimarsa aspect that is emphasized. Together, these two books give us an integral view of Saiva philosophy. Ksemaraja has written a commentary on Spandakarikas, titled Spanda-nirnaya. He is fond of sesquipedalian compounds, long and windy sentences, but he is

very profound in the comprehension of the subject and so cannot be ignored. The author tried to provide a readable translation of both the karikas and the Spanda-nirnaya commentary. Each karika (verse) is given both in Devanagari and Roman script, followed by its translation in English. This is followed by Ksemaraja's commentary in Sanskrit. Then follows an English translation of the commentary. After this, copious notes are added on important and technical words. Finally, a running exposition of each karika in the author's own words is given.

Practice of centring awareness - 2002

The Vijṛṅna Bhairava is one of the most important Tantras of Kashmir Shaivism as far as the practical aspect of yoga of this school is concerned. It teaches 112 dhṛanṛs or ways of centring awareness and entering divine consciousness, which include ordinary and extraordinary experiences, as well as tantric methods of spiritual practice such as ku!ḄalinṀ,

mantraand mudrÈ. This ancient text is of great relevance for a spiritualityof our times which has to integrate all aspects of life.The present edition, translation and commentary is unique since it contains the oral teaching of the last great master ofthe Kashmir Shaiva tradition, Swami Lakshman Joo. In his explanation of the dhÈranÈs he gives the deep significanceand practical application of various methods of yoga whichgive direct access to states of higher consciousness.

Orgasmo quantico - G. Di Capua 2019-10-25

L'eccitazione e l'estasi erotica sono considerati nella via tantrica il canale piÙ rapido e naturale per accedere a livelli piÙ alti di energia, sperimentando un "assaggio" di quello stato di beatitudine permanente a cui possiamo giungere da vivi e godendo pienamente dei piaceri della vita. I maestri tantrici hanno sempre detto che è possibile risvegliare la nostra natura di energia divina universale individuando ed eliminando gli strati di impurit che la velano e limitano.

Procedendo in questa liberazione progressiva si compiono dei veri e propri balzi energetici, o salti quantici, che incrementano in modo repentino la consapevolezza, il benessere e la vitalit. Quando si parla di energia vitale dell'uomo si intende espressamente l'energia sessuale. Non a caso la sessualit consapevole è cos importante in un percorso tantrico e portare consapevolezza nella vita erotica significa potenziare l'esperienza sessuale, portandola all'orgasmo quantico.

Julius Evola e l'Oriente - Nuccio D'Anna 2006

Vijnana Bhairava - Swami Lakshmanjoo
2011-01-01

Illustrations: 1 Colour Illustration and 1 CD
Description: In the revelations that comprise this audio study set the God-Realized master Swami Lakshmanjoo unfolds for us the hidden maps needed to traverse the sacred Tantric text Vijnana Bhairava. In his Manual for self-Realization, Lord Bhairava, in answering the

Divine Mother Bhairavi's question "what is the real essence of the way we have to tread?" reveals 112 different spiritual for entering in the universal and transcendental state of consciousness. Recorded original audio included revelation from the oral tradition of Kashmir shaivism of the Vijnana Bhairava Tantra given by Swami Lakshmanjoo.

Bhagavad Gita - Swami Lakshmanjoo

2017-07-24

Features/Benefits: * Includes free downloadable audio of original lectures. * Bhagavad Gita means The Song of God. It is a 700-verse Hindu scripture from the epic Mahabharata. * This is one of the most important of all Hindu scriptures. * This translation, as seen through the lenses of Kashmir Shaivism by the great Master Swami Lakshmanjoo, teaches that we ourselves are warriors in a great battle for

liberation. This treasure of knowledge was one of the last works by Swami Lakshmanjoo. He said, "It was a new revelation of the supreme secrets, hidden in the Kashmiri recension of the Bhagavad Gita." Based on Abhinavagupta's commentary of the Gitarthasamgraha, "The Essence of the Gita", Swamiji declared that, "this revelation was initiated by his direct experience of the state of Universal God Consciousness. Here Swamiji reveals the unique and liberating teaching of Kashmir Shaivism which proclaims; "Freedom from all our miseries, as Abhinavagupta boldly declares, can neither be obtained through renunciation of the world, nor by hatred of the world, but by experiencing the presence of God everywhere." At last, the secret and profound meaning of the Bhagavad Gita "The Lord's Song" is being made available for the spiritual illumination of all humankind.